



THRIVE — Presented by SAHM

The only comprehensive teen health-oriented app empowering parents to manage their teen's health.



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SAHM
SOCIETY FOR ADOLESCENT
HEALTH AND MEDICINE

adolescenthealth.org

Features



Conversation starters for parents



Extensive library of teen health and wellness information



Create a profile for your child and track their health records and checklist items



Weather tracker for your child's location

Health Topics Covered

- Consent and Confidentiality
- Immunizations
- Health Insurance
- Alcohol
- Tobacco
- Precollege Checklist
- Mental Health
- Social Media
- Sexual Health