



## Adolescent Medicine Resident Curriculum

### TRANSITION TO ADULT CARE

CREATIVE COMMONS

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**Society for Adolescent Health and Medicine**  
Adolescent Medicine Resident Curriculum – Transition to Adult Care

MODULE AND LEARNING OBJECTIVES	TEACHING MATERIALS			CLINICAL AND COMMUNITY SETTINGS
TRANSITION TO ADULT CARE	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Well Teens:</b></p> <ol style="list-style-type: none"> <li>Describe the timing and progression of transition preparation during adolescence</li> <li>Identify at least one tool for assessing youth readiness for transition</li> <li>Delineate the key components of transition preparation and implementation</li> <li>Describe the objectives and measurable outcomes of transitional care</li> </ol>	<p><u>Readings:</u></p> <ol style="list-style-type: none"> <li>AAP, AAFP, and ACP, Transitions Clinical Report. Supporting the health care transition from adolescence to adulthood in the medical home. Pediatrics 2011;128(1):182-200. Available at <a href="http://pediatrics.aappublications.org/content/early/2011/06/23/peds.2011-0969.full.pdf">http://pediatrics.aappublications.org/content/early/2011/06/23/peds.2011-0969.full.pdf</a></li> </ol> <p><u>Websites and Online Resources:</u></p> <ol style="list-style-type: none"> <li>Becoming an Adult: Taking Responsibility for Your Medical Care: <a href="https://www.youtube.com/watch?v=cjXurYrFMZM">https://www.youtube.com/watch?v=cjXurYrFMZM</a></li> <li>Six Core Elements of Health Care Transition <a href="https://www.youtube.com/watch?v=5EAH-VIErRw">https://www.youtube.com/watch?v=5EAH-VIErRw</a></li> <li>Florida HATS Health Care Transition Curricula: <a href="http://www.floridahats.org/?page_id=2206">http://www.floridahats.org/?page_id=2206</a></li> </ol>		<p><u>MedEd Portal:</u></p> <ul style="list-style-type: none"> <li>Fishman L. But Tommy Likes It Here: Moving to Adult Medicine. MedEdPORTAL Publication; 2012. Available from: <a href="https://www.mededportal.org/publication/9190">https://www.mededportal.org/publication/9190</a></li> </ul> <p>FloridaHATS “Tool Kit - For Medical Providers.” Available at: <a href="http://www.floridahats.org/?page_id=2206">http://www.floridahats.org/?page_id=2206</a></p>	<ul style="list-style-type: none"> <li>Resident primary care clinic</li> <li>Adolescent clinic</li> <li>Inpatient settings</li> </ul>
<p><b>Chronic Illness:</b></p> <ol style="list-style-type: none"> <li>Describe the impact of chronic illness on physical, emotional, sexual, social, and cognitive development, and the reciprocal impact of normal adolescent development on chronic illness</li> <li>Explain how chronic disease and intellectual impairment uniquely impact the process of transition preparation and challenges they pose for transfer of care</li> <li>List the consequences in young adulthood of ineffective, delayed, or unsuccessful transition</li> </ol>	<p><u>Readings:</u></p> <ol style="list-style-type: none"> <li>Bloom SR, Kuhlthau K, Van Cleave J, Knapp AA, Newacheck P, Perrin JM. Health care transition for youth with special health care needs. J Adolesc Health 2012;51(3):213-9. <a href="http://www.jahonline.org/article/S1054-139X(12)00018-3/abstract">http://www.jahonline.org/article/S1054-139X(12)00018-3/abstract</a></li> <li>Okumura MJ, Hersh AO, Hilton JF, Lotstein DS. Change in health status and access to care in young adults with special health care needs: results from the 2007 national survey of adult transition and health. J Adolesc Health. 2013;52(4):413-418.</li> <li>Shaw TM, Delaet DE. Transition of adolescents to young adulthood for vulnerable populations. Pediatr Rev 2010;31(12):497-504; quiz 505. Available at: <a href="http://pedsinreview.aappublications.org/content/31/12/497.full.pdf">http://pedsinreview.aappublications.org/content/31/12/497.full.pdf</a></li> </ol> <p><u>Websites and Online Videos:</u></p> <ol style="list-style-type: none"> <li>Trapeze: A supported leap into adult health. Resources for paediatric teams available at: <a href="http://www.trapeze.org.au/content/paediatric-teams">www.trapeze.org.au/content/paediatric-teams</a></li> <li>Nemours Health Care Systems Video Series - for patients, families, and caregivers. Available at: <a href="http://www.nemours.org/about/mediaroom/press/dv/transition-videos.html">www.nemours.org/about/mediaroom/press/dv/transition-videos.html</a></li> </ol>		<p><u>Got Transition Resources:</u></p> <ul style="list-style-type: none"> <li>Got Transition Six Core Elements Toolkit - Transitioning youth to adult health care providers: <a href="http://www.gottransition.org/resourceGet.cfm?id=208">http://www.gottransition.org/resourceGet.cfm?id=208</a></li> <li>Transitioning to an adult approach to care without changing providers: <a href="http://www.gottransition.org/resourceGet.cfm?id=210">http://www.gottransition.org/resourceGet.cfm?id=210</a></li> <li>Integrating young adults into adult health care: <a href="http://www.gottransition.org/resourceGet.cfm?id=212">http://www.gottransition.org/resourceGet.cfm?id=212</a></li> </ul>	<ul style="list-style-type: none"> <li>Resident primary care clinic</li> <li>Adolescent clinic</li> <li>Inpatient settings</li> <li>Subspecialty clinics</li> <li>Adult care settings (Internal or Family medicine clinic)</li> </ul>

