

## CLINICIAN BLOCKS

**It is normal for clinicians to have concerns when making decisions and/or implementing treatment. How likely are you to feel concerned about each of the following items when making decisions and/or implementing treatment?**

1. Being disliked by parents/family/client.

*Not likely ----1    2    3    4    5    6    7 ---- Extremely likely*

2. Causing suffering to the client/family.

*Not likely ----1    2    3    4    5    6    7 ---- Extremely likely*

3. Going into an emotion and not knowing what to do with it.

*Not likely ----1    2    3    4    5    6    7 ---- Extremely likely*

4. Breaking up the parents or damaging the child/parent relationship.

*Not likely ----1    2    3    4    5    6    7 ---- Extremely likely*

5. Pushing a parent or client “too far” and making the situation worse (e.g., depression, treatment termination, running away, suicide).

*Not likely ----1    2    3    4    5    6    7 ---- Extremely likely*

6. Making decisions and/or recommendations that may be unpopular with, or contrary to other team members.

*Not likely ----1    2    3    4    5    6    7 ---- Extremely likely*

7. Bringing in a critical or dismissive parent or loved one and making the situation worse.

*Not likely ----1    2    3    4    5    6    7 ---- Extremely likely*

8. Having to face my own triggers, vulnerabilities, or wounds along the way.

*Not likely ----1    2    3    4    5    6    7 ---- Extremely likely*

9. Being blamed or being to blame for lack of treatment progress.

*Not likely ----1    2    3    4    5    6    7 ---- Extremely likely*

10. Blaming the client/parents for lack of treatment progress.

*Not likely ----1    2    3    4    5    6    7 ---- Extremely likely*