

# Behavioral Health Home (BHH) Services



## One Team Supporting All Your Wellness Goals

### Wellness

Substance Abuse and Mental Health Services Administration (SAMHSA) defines wellness not as the absence of disease, illness, or stress but the presence of purpose in life, active involvement in satisfying work and play, joyful relationships, a healthy body and living environment, and happiness.

### CONTACT

For more information, contact the Minnesota Department of Human Services.

### DHS Member Help Desk

651-431-2670 or  
800-657-3739

### What is behavioral health home (BHH) services?

- A dedicated team to help you identify, coordinate and meet your wellness goals

### Is BHH services a place to live?

- No, it is not a place that you live

### How can BHH services help me?

- Action planning with you to address health conditions and life situations
- Help you to get regular medical and mental health services
- Connect you with social and community supports that can help you
- Coordinate your health care and social services needs
- Provide information so that you can make informed, healthy choices
- Support your wellness, recovery and resiliency

### Who can get this service?

- Individuals receiving Medical Assistance
- Adults with diagnosis of serious mental illness (SMI)
- Children with diagnosis of emotional disturbance (ED)

### Individuals cannot receive BHH services along with one of the following services:

- Mental health targeted case management (MH-TCM)
- Assertive Community Treatment (ACT) or Youth Assertive Community Treatment (Youth ACT)
- Relocation service coordination targeted case management (RSC-TCM)
- Vulnerable adult/developmental disability targeted case management (VA/DD-TCM)

### How do I get started?

- Ask your current care provider about a referral for BHH services; or
- Visit the BHH services website at <http://www.mn.gov/dhs/mhcop/bhh-services> to see a list of certified BHH services providers and then contact a local provider of your choice.

**651-431-2670 or 800-657-3739**

Attention. If you need free help interpreting this document, call the above number.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

သတိ။ ဤစာရွက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរស័ព្ទតាមលេខខាងលើ ។

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntauv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

សំបុត្រនេះសម្រាប់អ្នកដែលមានការប្រើប្រាស់ភាសាខ្មែរ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរស័ព្ទតាមលេខខាងលើ។

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໂປຣດຊາບ. ຖ້າທ່ານ ທ່ານ ຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ພໍ, ຈົ່ງໂທໂປຣໄປທີ່ໝາຍເລກຂ້າງເທິງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la' aan ah ee tarjumaadda qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.

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ADA1 (2-18)



For accessible formats of this information or assistance with additional equal access to human services, write to [DHS.info@state.mn.us](mailto:DHS.info@state.mn.us), call 800-657-3739, or use your preferred relay service.