Behavioral Health Home (BHH) Services

One Team Supporting All Your Wellness Goals

Wellness
Substance Abuse and Mental Health Services Administration (SAMHSA) defines wellness not as the absence of disease, illness, or stress but the presence of purpose in life, active involvement in satisfying work and play, joyful relationships, a healthy body and living environment, and happiness.

CONTACT
For more information, contact the Minnesota Department of Human Services.

DHS Member Help Desk
651-431-2670 or 800-657-3739

What is behavioral health home (BHH) services?
- A dedicated team to help you identify, coordinate and meet your wellness goals

Is BHH services a place to live?
- No, it is not a place that you live

How can BHH services help me?
- Action planning with you to address health conditions and life situations
- Help you to get regular medical and mental health services
- Connect you with social and community supports that can help you
- Coordinate your health care and social services needs
- Provide information so that you can make informed, healthy choices
- Support your wellness, recovery and resiliency

Who can get this service?
- Individuals receiving Medical Assistance
- Adults with diagnosis of serious mental illness (SMI)
- Children with diagnosis of emotional disturbance (ED)

Individuals cannot receive BHH services along with one of the following services:
- Mental health targeted case management (MH-TCM)
- Assertive Community Treatment (ACT) or Youth Assertive Community Treatment (Youth ACT)
- Relocation service coordination targeted case management (RSC-TCM)
- Vulnerable adult/developmental disability targeted case management (VA/DD-TCM)

How do I get started?
- Ask your current care provider about a referral for BHH services; or
- Visit the BHH services website at http://www.mn.gov/dhs/mhcp/bhh-services to see a list of certified BHH services providers and then contact a local provider of your choice.
Attention. If you need free help interpreting this document, call the above number.

Mلاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.