

General contraception resources

CDC Medical Eligibility Criteria for Contraception and Selected Practice Recommendations

https://www.cdc.gov/reproductivehealth/contraception/contraception_guidance.htm

Adolescent Reproductive and Sexual Health Education Program Presentations and Case Videos

<https://prh.org/arshep-ppts/>

Preconception Health

<https://beforeandbeyond.org>

<https://www.hhs.gov/opa/title-x-family-planning/preventive-services/preconception-health-and-reproductive-life-plan/index.html>

Reproductive Justice

<https://www.ucpress.edu/book/9780520288201/reproductive-justice>

Gubrium, Aline C., Emily S. Mann, Sonya Borrero, Christine Dehlendorf, Jessica Fields, Arline T. Geronimus, Anu M. Gómez, et al. 2015. "Realizing Reproductive Health Equity Needs More Than Long-Acting Reversible Contraception (LARC)." *American Journal of Public Health*, e1–2. doi:10.2105/AJPH.2015.302900.

Health coaching resources:

Wolever, Ruth Q, Leigh Ann Simmons, Mary Kennedy, Justine Vosloo, Diana Dill, Nancy Yang, Elizabeth M. Bechard, Miranda Kaye, Gary A. Sforzo, and Mary Elaine Southard. 2013. "A Systematic Review of the Literature on Health and Wellness Coaching: Defining a Key Behavioral Intervention in Healthcare." *Global Advances in Health and Medicine* 2 (4): 38–57.

Web-based decision Support Tools and any supporting research

Wyatt, Kirk D., Ryan T. Anderson, Douglas Creedon, Victor M. Montori, John Bachman, Patricia Erwin, and Annie LeBlanc. 2014. "Women's Values in Contraceptive Choice: A Systematic Review of Relevant Attributes Included in Decision Aids." *BMC Women's Health* 14 (1):1–13. doi:10.1186/1472-6874-14-28.

Chewning B, Mosena P, Wilson D, Erdman H, Potthoff S, Murphy A, et al. Evaluation of a computerized contraceptive decision aid for adolescent patients. *Patient Education and Counseling* 1999;**38**(3):227–39.

<https://www.bedsider.org/methods>

Antonishak, Jill, Kellen Kaye, and Lawrence Swaider. 2015. "Impact of an Online Birth Control Support Network on Unintended Pregnancy." *Social Marketing Quarterly*, 1–14.

Gressel, GM, LS Lundsberg, JL Illuzzi, CM Danton, SS Sheth, X XU, and A Garipey. 2014. "Patient and Provider Perspectives on Bedsider.Org, an Online Contraceptive Information Tool, in a Low Income, Racially Diverse Clinic Population." *Contraception* 90 (6). Elsevier Inc.: 588–93. doi:10.1016/j.contraception.2014.07.010.

Dehlendorf, Christine, Judith Fitzpatrick, Jody Steinauer, Lawrence Swiader, Kevin Grumbach, Cara Hall, and Miriam Kuppermann. 2017. "Development and Field Testing of a Decision Support Tool to Facilitate Shared Decision Making in Contraceptive Counseling." *Patient Education and Counseling* 100 (7): 1374–81. doi:10.1016/j.pec.2017.02.009.

[Am J Obstet Gynecol](#). 2019 Feb 11. pii: S0002-9378(19)30356-4. doi: 10.1016/j.ajog.2019.02.015. [Epub ahead of print]

Cluster Randomized Trial of a Patient-Centered Contraceptive Decision Support Tool, My Birth Control.

[Dehlendorf C](#)¹, [Fitzpatrick J](#)², [Fox E](#)², [Holt K](#)³, [Vittinghoff E](#)⁴, [Reed R](#)², [Campora MP](#)², [Sokoloff A](#)⁵, [Kuppermann M](#)⁶.

<https://www.pcori.org/research-results/2013/decision-aid-help-women-choose-and-use-method-birth-control>

https://tools.plannedparenthood.org/bc/birth_control_quiz

<https://mydoctor.kaiserpermanente.org/nca/birthcontrol/#/effectiveness>

Marshall, Cassandra, Amani Nuru-Jeter, Sylvia Guendelman, Jane Mauldon, and Tina Raine-Bennett. 2017. "Patient Perceptions of a Decision Support Tool to Assist with Young Women's Contraceptive Choice." *Patient Education and Counseling* 100 (2). Elsevier Ireland Ltd: 343–48. doi:10.1016/j.pec.2016.08.022.

<https://www.itsaplan.ca/>

Nguyen, Laura N., and Mary Anne Jamieson. 2011. "Adolescent Users of an Online Contraception Selection Tool: How User Preferences and Characteristics Differ From Those of Adults." *Journal of Pediatric and Adolescent Gynecology* 24 (5). Elsevier Inc.: 317–19. doi:10.1016/j.jpag.2011.06.002. (previously Choosing Wisely)

Select Studies on Contraceptive Decision-Making and Choice among Adolescents and Young Adults

1. Contraception counseling

Lopez, LM, TW Grey, Tolley EE, and M Chen. 2016. "Brief Educational Strategies for Improving Contraception Use in Young People." *Cochrane Database of Systematic Reviews*, no. 3. doi:10.1002/14651858.CD012025.pub2.www.cochranelibrary.com.

Jaccard, James, and Nicole Levitz. 2013. "Counseling Adolescents about Contraception: Towards the Development of an Evidence-Based Protocol for Contraceptive Counselors." *Journal of Adolescent Health*. doi:10.1016/j.jadohealth.2013.01.018.

2. Determinants of method acceptability

Cohen, Rebecca, Jeanelle Sheeder, Meghan Kane, and Stephanie B Teal. 2017. "Factors Associated with Contraceptive Method Choice and Initiation in Adolescents and Young Women." *Journal of Adolescent Health*. Denver, CO: 454–60.

Hoopes, A.J., S.B. Teal, A.Y. Akers, and J. Sheeder. 2018. "Low Acceptability of Certain Contraceptive Methods among Young Women." *Journal of Pediatric and Adolescent Gynecology*. Elsevier Inc, 1–7. doi:10.1016/j.jpag.2017.11.008.

Potter, Julia, Susan E Rubin, and Peter Sherman. 2014. "Fear of Intrauterine Contraception among Adolescents in New York City." *Contraception* 89 (5). Elsevier Inc.: 446–50. doi:10.1016/j.contraception.2014.01.011.

Yee, Lynn, and Melissa Simon. 2010. "The Role of the Social Network in Contraceptive Decision-Making among Young, African American and Latina Women." *Journal of Adolescent Health* 47 (4): 374–80. doi:10.1016/j.jadohealth.2010.03.014.

Bharadwaj, Preeti, Hannat Akintomide, Nataliya Brima, Andrew Copas, and Rachel D'Souza. 2012. "Determinants of Long-Acting Reversible Contraceptive (LARC) Use by Adolescent Girls and Young Women." *The European Journal of Contraception & Reproductive Health Care : The Official Journal of the European Society of Contraception* 17 (4): 298–306. doi:10.3109/13625187.2012.675602.

Pritt, Nicole M, Alison H Norris, and Elise D Berlan. 2017. "Mini-Review Barriers and Facilitators to Adolescents' Use of Long-Acting Reversible Contraceptives." *Journal of Pediatric and Adolescent Gynecology* 30 (1). Elsevier Inc: 18–22. doi:10.1016/j.jpag.2016.07.002.

3. Experiences with specific methods

Schmidt, Elizabeth O., Aimee James, K. Michele Curran, Jeffrey F. Peipert, and Tessa Madden. 2015. "Adolescent Experiences with Intrauterine Devices: A Qualitative Study." *Journal of Adolescent Health* 57 (4): 381–86. doi:10.1016/j.jadohealth.2015.05.001.

Lunde, Britt, Lisa Littman, Samantha Stimmel, Rima Rana, Adam Jacobs, and Carol R. Horowitz. 2017. "'Just Wear Dark Underpants Mainly': Learning from Adolescents' and Young Adults' Experiences with Early Discontinuation of the Contraceptive Implant." *Journal of Pediatric and Adolescent Gynecology*. Elsevier Inc, 3–7. doi:10.1016/j.jpag.2016.12.006.

4. Experiences with adolescents receiving contraceptive care and making contraceptive decisions

Brown, Margot K, Colette Auerswald, Stephen L Eyre, Julianna Deardorff, and Christine Dehlendorf. 2013. "Identifying Counseling Needs of Nulliparous Adolescent Intrauterine Contraceptive Users: A Qualitative Approach." *The Journal of Adolescent Health : Official Publication of the Society for Adolescent Medicine* 52 (3): 293–300. doi:10.1016/j.jadohealth.2012.07.004.

- Melo, Juliana, Marissa Peters, Stephanie Teal, and Maryam Guiahi. 2015. "Adolescent and Young Women's Contraceptive Decision-Making Processes: Choosing 'The Best Method for Her.'" *Journal of Pediatric and Adolescent Gynecology* 28 (4): 224–28. doi:10.1016/j.jpag.2014.08.001.
- Hoopes, Andrea J., Kelly Gilmore, Janet Cady, Aletha Y. Akers, and Kym R. Ahrens. 2016. "A Qualitative Study of Factors That Influence Contraceptive Choice among Adolescent School-Based Health Center Patients." *Journal of Pediatric and Adolescent Gynecology* 29 (3). Elsevier Inc: 259–64. doi:10.1016/j.jpag.2015.09.011.
- Shahabuddin, A. S.M., Christiana Nöstlinger, Thérèse Delvaux, Malabika Sarker, Azucena Bardají, Vincent De Brouwere, and Jacqueline E.W. Broerse. 2016. "What Influences Adolescent Girls' Decision-Making Regarding Contraceptive Methods Use and Childbearing? A Qualitative Exploratory Study in Rangpur District, Bangladesh." *PLoS ONE* 11 (6): 1–15. doi:10.1371/journal.pone.0157664.
- Rubin, Susan E., Marisa Felsher, Faye Korich, and Amanda M. Jacobs. 2016. "Urban Adolescents' and Young Adults' Decision-Making Process around Selection of Intrauterine Contraception." *Journal of Pediatric and Adolescent Gynecology* 29 (3). Elsevier Inc: 234–39. doi:10.1016/j.jpag.2015.09.001.
- Marshall, Cassandra, Nazineen Kandahari, and Tina Raine-Bennett. 2018. "Exploring Young Women's Decisional Needs for Contraceptive Method Choice: A Qualitative Study." *Contraception* 97 (3). Elsevier Inc.: 243–48. doi:10.1016/j.contraception.2017.10.004.
- Walker, Amelia W., Danielle Cipres, Dominika Seidman, Amanda Rodriguez, Janette Alvarez, and Lisa Stern. 2019. "Do Adolescent Women's Contraceptive Preferences Predict Method Use and Satisfaction? A Survey of Northern California Family Planning Clients." *Journal of Adolescent Health*. Elsevier Inc., 1–8. doi:10.1016/j.jadohealth.2018.10.291.
- Gomez, Anu Manchikanti, and Mikaela Wapman. 2017. "Under (Implicit) Pressure: Young Black and Latina Women's Perceptions of Contraceptive Care." *Contraception* 96 (4). Elsevier Inc.: 221–26. doi:10.1016/j.contraception.2017.07.007.
- Dasari, Mohini, Sonya Borrero, Aletha Y. Akers, Gina S. Sucato, Rebecca Dick, Angela Hicks, and Elizabeth Miller. 2016. "Barriers to Long-Acting Reversible Contraceptive Uptake Among Homeless Young Women." *Journal of Pediatric and Adolescent Gynecology*. doi:10.1016/j.jpag.2015.07.003.

(review and add:

[J Adolesc Health](#). 2014 Apr;54(4):404-9. doi: 10.1016/j.jadohealth.2013.06.019. Epub 2013 Aug 9.

Broad counseling for adolescents about combined hormonal contraceptive methods: the choice study.

[Contraception](#). 2019 Feb;99(2):104-110. doi: 10.1016/j.contraception.2018.09.001. Epub 2018 Sep 15.

Pill, patch or ring? A mixed methods analysis of provider counseling about combined hormonal contraception.

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