

Primary Aims of Project ECHO® EATING DISORDERS Program

ECHO® EATING DISODERS provides primary care and behavioral health care providers with knowledge and multidisciplinary consultation services through the WNYCCED located at the University of Rochester Medical Center. We expand the delivery of evidence-based eating disorder treatment into primary care and behavioral health care.

ECHO® EATING DISODERS utilizes simple, widely available, web-based videoconferencing technologies to eliminate geographic barriers, reduce disparities in health care delivery, and promote integrated, coordinated and continuous care for patients with eating disorders and their families.



Project ECHO® EATING DISORDERS is sponsored by the Western NY Comprehensive Care Center for Eating Disorders and funded by the New York State Department of Health's Division of Chronic Disease Prevention.



PROUD SUPPORTER AND PARTNER:



About the WNYCCCED

The Western New York Comprehensive Care Center for Eating Disorders (WNYCCCED) is one of three legislatively mandated comprehensive care centers for eating disorders funded by the New York State Department of Health. Each CCCED is comprised of a continuum of comprehensive and coordinated care for individuals with eating disorders and their families and provides:

- Information and education for lay persons and professionals.
- Referral, outreach, prevention, and early intervention services.
- Care management, peer mentoring, and life coaching.
- Research efforts to identify effective methods of education, prevention and treatment.

The core site of the WNYCCCED is located at the University of Rochester Medical Center, a partnership between the University of Rochester School of Nursing and the Child and Adolescent Eating Disorders Program at Golisano Children's Hospital.



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Project ECHO® EATING DISORDERS Initiative



Connecting
primary care and
behavioral health
providers to eliminate
eating disorders



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WHY ECHO® EATING DISORDERS?

The Center plans to implement Project ECHO® in an effort to reduce health care disparities in the region by offering teleconferencing training to outlying areas with few or no specialty-trained providers. Behavioral health and primary care providers will be able to learn from presentations of cases as well as didactic instruction provided by an expert team comprised of WNYCCED multidisciplinary practitioners, a care manager, parent peer mentor and a person in recovery. There is an urgent need to support primary care and behavioral health practitioners to work together in quickly identifying eating disorders, providing quality specialty care, facilitating referrals, and improving the overall health of New York residents.

HOW IT WORKS

TeleECHO® clinics are case-based educational experiences in which community clinicians develop “knowledge networks.” Best practices are shared through a combination of short didactic presentations and case-based discussions with content experts. The clinics are held twice monthly for 90-minute sessions. Continuing Medical Education (CME/CE) credits will be available for each hour of participation for up to 1.5 hours per clinic attended.

WHO IS ELIGIBLE TO PARTICIPATE?

Primary care and behavioral health clinicians, including college health providers with an interest in eating disorders, are welcome to join. These include physicians, physician assistants, nurse practitioners, nurses, care managers, social workers, administrators, etc. Students are also welcome to join.

WHAT IS REQUIRED TO PARTICIPATE?

- Access to a Broadband internet connection
- Access to a Webcam /microphone supported device
- Time availability (90 minutes, 1st and 3rd Tuesday of each month)
- Completion of periodic surveys evaluating practice style, knowledge, and self-efficacy
- Willingness to present at least one case during the year

HOW TO JOIN OUR LEARNING COMMUNITY

To enroll in our TeleECHO® clinics, please email [Rita Pelusio, WNYCCED and ECHO® Eating Disorders Senior Program Manager, at wnyccced@urmc.rochester.edu](mailto:Rita.Pelusio@urmc.rochester.edu) or call 585-275-2936. For more information, visit www.nyeatingdisorders.org

ADMINISTRATORS

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GUEST TEAM MEMBERS

Jennifer Dry DeSanto, WNYCCCED Care Manager

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ACCREDITATION

The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CERTIFICATION

The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.