SAHM Program Committee Working Groups

- **Plenary Sessions**
The Plenary working group will identify keynote speakers on the most recent, prominent health issues affecting youth and young adults. The sessions are usually presented by international and nationally renowned experts in fields that span all determinants of adolescent health and medicine. Members of the Plenary working group meet as needed to identify the speakers, coordinate scheduling and travel arrangements. In partnership with the youth engagement work group, young plenary speakers are coordinated to provide responses which align with the health expert speakers.

- **Educational Sessions**
The Educational Sessions working group plays a large role in the development of the educational content of the SAHM annual conference. The working group meets at the SAHM annual conference and as-needed about four times a year. Member responsibilities are to review the scoring rubric each year to see if it needs to be revised, review and score submitted workshop proposals, and provide topic recommendations and speakers for the invited workshop series. Feedback on the educational content of the meeting and how and if it can be improved is essential to our mission. There are opportunities for leadership and career development within this group and at the annual conference.

- **Research - Poster Symposia and Platform Research**
The Poster Symposia and Research Abstract working group meets to review advances in adolescent health and medicine research presented through research abstract posters and platform presentations. Working group meetings vary in frequency during the year with responsibilities including: reviewing the scoring rubric, preparing the call for proposals, reviewing the proposals and determining the selections for the research awards. Young investigators and research innovators look forward to these awards to support advancements in their research careers. Among the top scoring abstracts, a select number of abstracts will be reserved for live platform presentations whose moderators will be coordinated by members of this group.

- **Hot Topics**
Be a part of the group that picks SAHM's HOTTEST sessions! The Hot Topics working group reviews Hot Topic submissions and chooses sessions for the annual conference. Meetings occur during the annual conference Program Planning Committee meeting, and generally early in the calendar year, to finalize Hot Topic session selection for the conference. Other discussion generally occurs via email intermittently throughout the year. Hot Topic working group members also have the opportunity to serve as co-chair and moderate sessions.

- **Networking/Career Advancement Sessions**
The Networking and Career Development working group meets virtually each month to develop programs for the annual conference. Past events have included roundtable discussions, daily mindfulness and movement activities, virtual competitions, and run-of-show for the closing ceremony. The working group coordinates with other Program Committee working groups to
arrange networking opportunities such as discussions with plenary speakers, coordinated timing of programs to allow for natural networking, and support for youth engagement and student/trainee events. There are opportunities to support career development at each annual conference and within this working group!

• **Youth Engagement**
Youth and young adult voices are essential to our work as adolescent health professionals. Participation in the Youth Engagement working group informs the youth engagement strategic plan and supports youth-engaged activities for the SAHM annual conference. The working group is responsible for creating a positive, safe and empowering environment for youth who engage with the SAHM leadership and membership. This group is an intergenerational team made up of adolescent health professionals, medical trainees and young consultants (non-medical trainees ages 18-25). Members of this working group review conference workshop abstracts that propose involving young people and design and implement all youth engagement-specific activities at the annual meeting. Past conference activities have included youth engagement training sessions and youth engagement networking sessions.