



CONFIDENTIALITY RESOURCES FOR ADOLESCENTS, YOUNG ADULTS, AND PARENTS

CONFIDENTIALITY ONLINE RESOURCES FOR ADOLESCENTS AND YOUNG ADULTS

- **Advocates for Youth:** Partnering directly with young people, this organization advocates for policies and programs, including confidential health care access, that help youth make decisions about their reproductive and sexual health.
<http://advocatesforyouth.org/component/content/article/2326-confidentiality-in-health-care>
- **American Civil Liberties Union:** The ACLU defends minors' rights to confidential health care. Reference cards for minors are available for many of the state level ACLU chapters. www.aclu.org
- **Bedsider:** Providing accurate and honest information, this online birth control support network provides articles about insurance privacy settings and discrete birth control options. <http://bedsider.org/>
- **Center for Disease Control and Prevention:** The CDC has a wealth of information for teenagers including descriptions of teen-friendly health visits that respect confidentiality and privacy policies.
www.cdc.gov/teenpregnancy/health-care-providers/teen-friendly-health-visit.htm
- **Guttmacher Institute:** The Guttmacher Institute advances sexual and reproductive health and provides adolescents resources including a State Center with the regulations and policies concerning confidentiality laws for each state. <http://www.guttmacher.org/statecenter/>
- **Healthy Teen Network:** This website offers guidance for teens about access to confidential contraceptive services. www.healthyteenetwork.org/health-care-birth-control-confidential-services
- **Your Body, Your Rights:** Powered by the American Civil Liberties Union of PA, this website offers guidance to minors who want to learn about their right to health care and mental health services. www.ybyr.org/

CONFIDENTIALITY ONLINE RESOURCES FOR PARENTS

- **THRIVE:** Developed by the Society for Adolescent Health and Medicine, this app provides parents with a resource to help adolescents increase ownership over their own health. www.adolescenthealth.org/About-SAHM/Healthy-Student-App-Info.aspx
- **Advocates for Youth:** An online publication is available to help understand adolescent access to confidential health services including parental notification policies. www.advocatesforyouth.org/publications/publications-a-z/516-adolescent-access-to-confidential-health-services
- **American Civil Liberties Union:** The ACLU defends and preserves individual rights including minors' rights to confidential health care. This guide book offers information on protecting minors' health information.
www.aclu.org/files/FilesPDFs/med_privacy_guide.pdf
- **HealthyChildren.Org:** Sponsored by the American Academy of Pediatrics, this website provides a wide range of resources for parents including information on teenage confidentiality. www.healthychildren.org/English/family-life/health-management/Pages/Teenage-Confidentiality-A-Young-Person's-Right-to-Privacy.aspx
- **Guttmacher Institute:** The Guttmacher Institute advances sexual and reproductive health and provides resources for parents including the HIPPA privacy rules for adolescents.
www.guttmacher.org/pubs/journals/3608004.html