Adolescent Medicine Resident Curriculum

TRANSITION TO ADULT CARE

CREATIVE COMMONS

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## MODULE AND LEARNING OBJECTIVES

### Transition to Adult Care

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<th>Well Teens:</th>
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<tr>
<td>1. Describe the timing and progression of transition preparation during adolescence</td>
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<td>2. Identify at least one tool for assessing youth readiness for transition</td>
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<td>3. Delineate the key components of transition preparation and implementation</td>
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<td>4. Describe the objectives and measurable outcomes of transitional care</td>
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### Readings:


### Websites and Online Resources:

1. Becoming an Adult: Taking Responsibility for Your Medical Care [Link](https://www.youtube.com/watch?v=cjXurYrFMZM)

2. Starting A Transition Improvement Process Using the Six Core Elements of HCT [Link](https://www.youtube.com/watch?v=euQOEjILQnE&feature=youtu.be)

3. Transition Preparation [Link](https://www.youtube.com/watch?v=77pyOnXHI6a&feature=youtu.be)

4. Transfer to Adult Care [Link](https://www.youtube.com/watch?v=OUQOEjILQnE&feature=youtu.be)

5. Integration into Adult Care [Link](https://www.youtube.com/watch?v=vLxJhmXy65I&feature=youtu.be)

6. Youth, Young Adult & Parent Engagement [Link](https://www.youtube.com/watch?v=Uqg/75SwIY0&feature=youtu.be)

### Florida HATS Health Care Transition Curricula [Link](https://www.floridahats.org/education-training-for-health-care-professionals/)

### American College of Physicians Pediatric to Adult Care Transitions Initiative [Link](https://www.acponline.org/clinical-information/high-value-care/resources-for-clinicians/pediatric-to-adult-care-transitions-initiative)

### AAP Transition ECHO [Link](https://www.aap.org/en-us/professional-resources/practice-transformation/echo/pages/transition.aspx)

## CLINICAL AND COMMUNITY SETTINGS

- Resident primary care clinic
- Adolescent clinic
- Inpatient settings

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### Chronic Illness:

1. Describe the impact of chronic illness on physical, emotional, sexual, social, and cognitive development, and the reciprocal impact of normal adolescent development on chronic illness.

2. Explain how chronic disease and intellectual impairment uniquely impact the process of transition preparation and challenges they pose for transfer of care.

3. List the consequences in young adulthood of ineffective, delayed, or unsuccessful transition.

#### Readings:


#### Websites and Online Videos:


### Online Resources:

- Got Transition Resources: [https://www.gottransition.org/resources/index.cfm](https://www.gottransition.org/resources/index.cfm)
  - Got Transition Six Core Elements Toolkit - Transitioning youth to adult health care providers: [http://www.gottransition.org/resourceGet.cfm?id=208](http://www.gottransition.org/resourceGet.cfm?id=208)
  - Transitioning to an adult approach to care without changing providers: [http://www.gottransition.org/resourceGet.cfm?id=210](http://www.gottransition.org/resourceGet.cfm?id=210)
  - Integrating young adults into adult health care: [http://www.gottransition.org/resourceGet.cfm?id=212](http://www.gottransition.org/resourceGet.cfm?id=212)