



## Adolescent Medicine Resident Curriculum

*Updated August 2020*

In response to the transition to milestones and EPAs (entrustable professional activities) for medical education, the ACGME has asked individual subspecialty organizations to create learning objectives and educational materials within their subspecialty area to help guide resident training.

To this end, the SAHM education committee, with review and approval of the SAHM Board of Directors has developed a set of educational materials linking learning objectives for pediatric and other residents with educational resources to help achieve those objectives. These objectives are broad and designed both for the four-week adolescent medicine rotation and for residents' longitudinal learning throughout residency training, with the final goal of helping residents achieve competence in care of adolescent patients.

These resources are divided into ten content modules with specific content areas and linked resources. The adolescent curriculum is designed to supplement existing adolescent rotation teaching, or can be used as a guideline for program directors to develop or revamp their rotation. We are aware that the amount of material is more than can be covered during the required four weeks, and hope that educators will use these materials in a way that optimizes their existing program. For example, programs which already have robust teaching in a specific content area, like eating disorders, may not use these resources, but may use the curriculum to bolster their teaching in a less well-rounded content area, like substance use and abuse.

This resource is here for you to use in whatever ways it supports your adolescent medicine teaching. We have done our best to include different educational teaching modes and interactivity. Please feel free to provide us with feedback to [info@adolescenthealth.org](mailto:info@adolescenthealth.org) on this curriculum: what works, what doesn't, how we can improve it, what additional resources you would like to be added, etc.... This curriculum will be a living educational resource and we will need YOUR feedback to keep it relevant and useful for educators and trainees alike.

### CREATIVE COMMONS

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**Society for Adolescent Health and Medicine**  
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MODULE AND LEARNING OBJECTIVES	TEACHING MATERIALS			CLINICAL AND COMMUNITY SETTINGS
	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<b>ROUTINE ADOLESCENT HEALTH CARE</b>				
<b>Positive Youth Development and Motivational Interviewing:</b> <ol style="list-style-type: none"> <li>Demonstrate how to take a social history using a strength-based approach, while screening for behaviors and risk factors for potential morbidity and mortality (eg: SSHADES model)</li> <li>Describe the goals, components, and techniques of motivational interviewing</li> <li>Identify the different situations in which motivational interviewing can be used with the adolescent population</li> <li>Practice building rapport with adolescents using a strength-based approach</li> </ol>	<b>Readings:</b> <ol style="list-style-type: none"> <li>Gold et al. "Motivational Interviewing Strategies to Facilitate Adolescent Behavior Change." Adolescent Health Update Vol. 20, No. 1 October 2007. <a href="https://pubs.niaaa.nih.gov/publications/Practitioner/YouthGuide/AAPAdolescentHealthUpdateBMI.pdf">https://pubs.niaaa.nih.gov/publications/Practitioner/YouthGuide/AAPAdolescentHealthUpdateBMI.pdf</a></li> <li>Rosen, D, Goldenring J. "Getting into Adolescent Heads: An Essential Update." Modern Medicine. <a href="https://www.contemporarypediatrics.com/personal-finance/getting-adolescent-heads-essential-update">https://www.contemporarypediatrics.com/personal-finance/getting-adolescent-heads-essential-update</a></li> </ol> <b>Webinars and Videos:</b> <ol style="list-style-type: none"> <li>M Gold talk via PRH - webinar and handouts available through ACT for Youth – subscribe at <a href="http://www.actforyouth.net/adolescence/healthcare/training.cfm">http://www.actforyouth.net/adolescence/healthcare/training.cfm</a></li> <li>Abbot Nutrition Health Institute -- Motivational Interviewing: An Approach for Addressing Ambivalence for Change - Motivational Interviewing (MI) video series <a href="https://www.abp.org/sites/abp/files/pdf/miskillsbook.pdf">https://www.abp.org/sites/abp/files/pdf/miskillsbook.pdf</a></li> </ol>		<b>Books:</b> <ol style="list-style-type: none"> <li>Douaihy AB, Kelly TM, and Gold MA. <i>Motivational Interviewing: A Guide for Medical Trainees</i>. Oxford University Press 2014</li> <li>Ginsburg, K Ed. <i>Reaching Teens: Strength-Based, Trauma-Sensitive, Resilience-Building Communication Strategies Rooted in Positive Youth Development, 2nd Edition</i>. AAP, 2020 <ul style="list-style-type: none"> <li>Chapter 1: Preparing You to Become the Kind of Adult Young People Need in Their Lives <a href="https://services.aap.org/en/publications/reaching-teens-2E/sahm/">https://services.aap.org/en/publications/reaching-teens-2E/sahm/</a></li> <li>Chapter 24: Boundaries <a href="https://services.aap.org/en/publications/reaching-teens-2E/sahm/">https://services.aap.org/en/publications/reaching-teens-2E/sahm/</a></li> <li>Chapter 32: SSHADESS Screen <a href="https://services.aap.org/en/publications/reaching-teens-2E/sahm/">https://services.aap.org/en/publications/reaching-teens-2E/sahm/</a></li> </ul> </li> </ol>	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic, subspecialty clinics)</li> <li>Inpatient (wards, PICU)</li> <li>Emergency Department</li> </ul>
<b>Preventive Services:</b> <ol style="list-style-type: none"> <li>Compare and contrast the components of a health maintenance visit for an adolescent at different stages of adolescence</li> <li>Identify the different immunizations needed during adolescence for those adolescents who are up to date and those who need catch-up</li> <li>List appropriate screening exams and their indications during adolescence: vision, hearing, blood pressure, hematocrit, vitamin D, and cholesterol/ lipids</li> <li>Discuss the importance of disease prevention through screening and anticipatory guidance, including healthy lifestyles</li> <li>Screen for safety issues and provide counseling on injury prevention</li> </ol>	<b>Summary tables:</b> <ol style="list-style-type: none"> <li>Bright Futures Pocket Guide, p 94-106 <a href="https://brightfutures.aap.org/Bright%20Futures%20Documents/BF4_POCKETGUIDE.pdf">https://brightfutures.aap.org/Bright%20Futures%20Documents/BF4_POCKETGUIDE.pdf</a></li> <li>Bright Futures Guidelines, Priorities, and Screening Tables. <a href="https://brightfutures.aap.org/materials-and-tools/Pages/Presentations-and-Handouts.aspx">https://brightfutures.aap.org/materials-and-tools/Pages/Presentations-and-Handouts.aspx</a></li> </ol>		<b>Books:</b> <ol style="list-style-type: none"> <li>Ginsburg, K Ed. <i>Reaching Teens: Strength-Based, Trauma-Sensitive, Resilience-Building Communication Strategies Rooted in Positive Youth Development, 2nd Edition</i>. AAP, 2020 <ul style="list-style-type: none"> <li>Chapter 23: Setting the Stage for a Trustworthy Relationship <a href="https://services.aap.org/en/publications/reaching-teens-2E/sahm/">https://services.aap.org/en/publications/reaching-teens-2E/sahm/</a></li> </ul> </li> </ol> <b>Online Resources:</b> <ol style="list-style-type: none"> <li>Tanski et al. Performing Preventive Services. A Bright Futures Handbook (AAP 2010). <a href="https://brightfutures.aap.org/Bright%20Futures%20Documents/Forward%20and%20Introduction.pdf">https://brightfutures.aap.org/Bright Futures Documents/Forward and Introduction.pdf</a></li> </ol> <b>PediCases:</b> <a href="http://pedicases.org/archives/index.html">http://pedicases.org/archives/index.html</a> <ol style="list-style-type: none"> <li>Young, Middle and Late Adolescent Health Screening Cases.</li> </ol>	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic)</li> </ul>



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ROUTINE ADOLESCENT HEALTH CARE – <i>continued</i>	TEACHING MATERIALS			CLINICAL AND COMMUNITY SETTINGS
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<p><b>Cultural Competence and Humility:</b></p> <ol style="list-style-type: none"> <li>1. Identify the socio-cultural aspects of young people's lives that shape their cultural values</li> <li>2. Enhance skills in providing culturally sensitive healthcare for adolescents</li> <li>3. Critically evaluate the effects of racism on the health of children and youth</li> </ol>	<p><b>Books:</b></p> <ol style="list-style-type: none"> <li>1. Fadiman, Anne. <i>The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures</i>. New York: Farrar, Straus, and Giroux, 1997.</li> <li>2. Skloot, Rebecca. <i>The Immortal Life of Henrietta Lacks</i>. New York: Crown, 2010.</li> </ol> <p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. The Traumatic Impact of Racism and Discrimination on Young People and How to Talk About It. <i>Reaching Teens</i>. AAP 2020 42: 307-328 <a href="http://www.adolescenthealth.org/SAHM_Main/media/Adol-Resident-Curriculum/Materials/Traumatic-Impact-of-Racism-on-Young-People-(1).pdf">www.adolescenthealth.org/SAHM_Main/media/Adol-Resident-Curriculum/Materials/Traumatic-Impact-of-Racism-on-Young-People-(1).pdf</a></li> <li>2. Raising Youth of Color in a Complex World. <i>Building Resilience in Children and Teens</i>. AAP 2011 22: 165-172 <a href="https://3l3s5t2yxc5w3pxorp1ezk74-wpengine.netdna-ssl.com/wp-content/uploads/Ch22_BuildingResilience4e.pdf">https://3l3s5t2yxc5w3pxorp1ezk74-wpengine.netdna-ssl.com/wp-content/uploads/Ch22_BuildingResilience4e.pdf</a></li> </ol> <p><b>Articles:</b></p> <ol style="list-style-type: none"> <li>1. Rue DS, Xie Y. Disparities in treating culturally diverse children and adolescents. <i>Psychiatr Clin North Am</i> 2009;32 (1):153-63.</li> </ol> <p><b>Videos:</b></p> <p>“Worlds Apart: A Four-Part Series on Cross-Cultural Healthcare” by Maren Grainger-Monsen, MD, and Julia Haslett. Available for purchase or rental (\$). Study guide also available. <a href="http://www.fanlight.com/catalog/films/912_wa.php">http://www.fanlight.com/catalog/films/912_wa.php</a></p>		<p>HHS Office of Population Affairs Cultural Competence Resources <a href="https://www.hhs.gov/ash/oah/resources-and-training/top-and-paf-resources/cultural-competence/index.html">https://www.hhs.gov/ash/oah/resources-and-training/top-and-paf-resources/cultural-competence/index.html</a></p> <p>ARSHEP PowerPoint modules <a href="https://prh.org/arshep-ppts/">https://prh.org/arshep-ppts/</a></p> <ol style="list-style-type: none"> <li>1. Cultural Competency and Adolescent Health <a href="https://prh.org/wp-content/uploads/2015/03/Cultural-Competency.pptx">https://prh.org/wp-content/uploads/2015/03/Cultural-Competency.pptx</a></li> </ol>	<ul style="list-style-type: none"> <li>• Outpatient (adolescent clinic, primary care clinic, subspecialty clinics)</li> <li>• Inpatient (wards, PICU)</li> <li>• Emergency Department</li> </ul>
<p><b>Harm Reduction:</b></p> <ol style="list-style-type: none"> <li>1. Incorporate principles of harm reduction into primary and secondary prevention strategies for behavior change</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Harm reduction: An approach to reducing risky health behaviors in adolescents. <i>Paediatr Child Health</i> 2008;13(1):53-60.</li> <li>2. Harm Reduction Principles for Healthcare Settings <a href="https://harmreductionjournal.biomedcentral.com/articles/10.1186/s12954-017-0196-4">https://harmreductionjournal.biomedcentral.com/articles/10.1186/s12954-017-0196-4</a></li> </ol> <p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. Harm Reduction in Substance Use <a href="https://harmreduction.org/issues/drugs-drug-users/drug-information/useful-links-and-resources/">https://harmreduction.org/issues/drugs-drug-users/drug-information/useful-links-and-resources/</a></li> </ol>		<p><b>Books:</b></p> <ol style="list-style-type: none"> <li>1. Ginsburg, K Ed. <i>Reaching Teens: Strength-Based, Trauma-Sensitive, Resilience-Building Communication Strategies Rooted in Positive Youth Development, 2nd Edition</i>. AAP, 2020 <ul style="list-style-type: none"> <li>• Chapter 44: Focusing and Building on Existing Strengths <a href="https://services.aap.org/en/publications/reaching-teens-2E/sahm/">https://services.aap.org/en/publications/reaching-teens-2E/sahm/</a></li> </ul> </li> </ol> <p><b>PediCases:</b> <a href="http://pedicases.org/archives/index.html">http://pedicases.org/archives/index.html</a></p> <ol style="list-style-type: none"> <li>1. Late Adolescent Health Screening: <i>Amy Goes to College</i></li> <li>2. Middle Adolescent Health Screening: <i>But All My Friends Do It</i></li> <li>3. Young Adolescent Health Screening: <i>New World, Old Worries</i></li> </ol>	<ul style="list-style-type: none"> <li>• Outpatient (adolescent clinic, primary care clinic)</li> </ul>



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<p><b>Social Determinants of Health:</b></p> <ol style="list-style-type: none"> <li>To identify the ways in which social determinants of health and toxic stresses impact adolescent and adult health</li> <li>To discuss strategies for providing trauma-informed care and addressing social determinants of health within adolescent settings</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Felitti VJ, et al. Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults. The Adverse Childhood Experiences (ACE) Study. <i>Am J Prev Med</i> 1998;14(4):245-58.</li> <li>Flynn AB, et al. Primary Care Interventions to Prevent or Treat Traumatic Stress in Childhood: A Systematic Review. <i>Acad Pediatr</i> 2015;15(5):480-92.</li> <li>Lucio R, Nelson TL. Effective Practices in the Treatment of Trauma in Children and Adolescents: From Guidelines to Organizational Practices. <i>J Evid Inf Soc Work</i> 2016:1-10.</li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li>Dr. Nadine Burke Harris. “How childhood trauma affects health across a lifetime.” (TED talk) <a href="https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en">https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en</a></li> </ol> <p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>AAP Resilience Project – We can stop Toxic Stress <a href="https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/Training-Toolkit.aspx">https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/Training-Toolkit.aspx</a></li> <li>Centers for Disease Control and Prevention. Adverse childhood events; Looking at how ACEs affect our lives &amp; society. Available at: <a href="https://www.cdc.gov/violenceprevention/childabuseandneglect/cestudy/index.html">https://www.cdc.gov/violenceprevention/childabuseandneglect/cestudy/index.html</a></li> <li>Promoting Health Equity: A Resource to Help Communities Address Social Determinants of Health <a href="https://www.cdc.gov/nccdphp/dch/programs/healthycommunitiesprogram/tools/pdf/SDOH-workbook.pdf">https://www.cdc.gov/nccdphp/dch/programs/healthycommunitiesprogram/tools/pdf/SDOH-workbook.pdf</a></li> </ol>		<p>American Academy of Pediatrics. Trauma Toolbox for Primary Care <a href="https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/healthy-foster-care-america/Pages/Trauma-Guide.aspx">https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/healthy-foster-care-america/Pages/Trauma-Guide.aspx</a></p>	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic, subspecialty clinics)</li> <li>Inpatient (wards, PICU)</li> <li>Emergency Department</li> </ul>



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<p><b>Anticipatory Guidance for Parents:</b></p> <ol style="list-style-type: none"> <li>Identify opportunities in which anticipatory guidance can be provided to parents around normal adolescent psychosocial development and risk taking, especially during health maintenance visits</li> <li>Discuss the importance of parents' communication with and support of their adolescents, and provide hints on how to discuss sensitive issues</li> </ol>	<p><b>Summary Charts:</b></p> <ol style="list-style-type: none"> <li>American Academy of Child and Adolescent Psychiatry - Facts for Families Guide: Normal Adolescent Development:               <ol style="list-style-type: none"> <li>Part 1: <a href="https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Normal-Adolescent-Development-Part-I-057.aspx">https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Normal-Adolescent-Development-Part-I-057.aspx</a></li> <li>Part 2: <a href="https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Normal-Adolescent-Development-Part-II-058.aspx">https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Normal-Adolescent-Development-Part-II-058.aspx</a></li> </ol> </li> </ol> <p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>Facts for Families Guide: Talking to your Child About Sex: <a href="https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Talking-To-Your-Kids-About-Sex-062.aspx">https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Talking-To-Your-Kids-About-Sex-062.aspx</a></li> </ol>		<p><b>PediCases:</b> <a href="http://pedicases.org/archives/index.html">http://pedicases.org/archives/index.html</a></p> <ol style="list-style-type: none"> <li>Young Adolescent Health Screening: New World, Old Worries</li> </ol>	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic)</li> </ul>





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<b>GROWTH AND DEVELOPMENT</b>				
<p><b>Physiologic Development:</b></p> <ol style="list-style-type: none"> <li>Describe Sexual Maturity Rating (SMR) staging and develop skills in properly staging adolescents' physiologic development</li> <li>Recognize the stages and progress of normal pubertal development</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Khan, L. Puberty: Onset and Progression. <i>Pediatric Annals</i>. 2019;48(4):e141-e145 <a href="https://doi.org/10.3928/19382359-20190322-01">https://doi.org/10.3928/19382359-20190322-01</a></li> <li>Chulani VL, Gordon LP. Adolescent growth and development. <i>Prim Care</i>. 2014 Sep;41(3):465-87. doi: 10.1016/j.pop.2014.05.002.</li> <li>Bordini B, Rosenfield RL. Normal pubertal development: Part I: The endocrine basis of puberty. <i>Pediatr Rev</i> 2011;32(6):223-9.</li> <li>Bordini B, Rosenfield RL. Normal pubertal development: part II: clinical aspects of puberty. <i>Pediatr Rev</i> 2011;32(7):281-92.</li> </ol>		<p><b>Pedicases:</b></p> <ol style="list-style-type: none"> <li>Delayed puberty: <i>Different from my friends</i>. <a href="http://pedicases.org/topics/index.html">http://pedicases.org/topics/index.html</a></li> <li>Understanding Growth: <i>Normal vs Abnormal patterns</i>. <a href="http://pedicases.org/wp-content/uploads/2011/07/growth1.pdf">http://pedicases.org/wp-content/uploads/2011/07/growth1.pdf</a></li> </ol>	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic, endocrinology)</li> <li>Inpatient (wards, PICU)</li> <li>Emergency department</li> </ul>
<p><b>Social and Cognitive Development:</b></p> <ol style="list-style-type: none"> <li>Characterize the developmental continuum of adolescence including impact on health, risk-taking, and development of protective factors</li> <li>Assess knowledge related to adolescent brain maturation, development of executive function and its influence on adolescent risk-taking behavior</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Sanders RA. Adolescent psychosocial, social, and cognitive development. <i>Pediatr Rev</i> 2013;34(8):354-8; quiz 358-9.</li> <li>Johnson SB, Blum RW, Giedd JN. Adolescent maturity and the brain: the promise and pitfalls of neuroscience research in adolescent health policy. <i>J Adolesc Health</i> 2009;45(3):216-21.</li> <li>Lamblin M, Murawski C, Whittle S, Fornito A. Social connectedness, mental health and the adolescent brain. <i>Neurosci Biobehav Rev</i>. 2017 Sep;80:57-68. doi: 10.1016/j.neubiorev.2017.05.010. Epub 2017 May 12.</li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li>UCSF 2015 "How to Talk to Teens: A Developmental Approach" <a href="http://www.uctv.tv/shows/How-to-Talk-to-Teens-A-Developmental-Approach-28887">http://www.uctv.tv/shows/How-to-Talk-to-Teens-A-Developmental-Approach-28887</a></li> <li>TED talks: Global 2012 "The mysterious workings of the adolescent brain" <a href="http://www.ted.com/talks/sarah_jayne_blakemore_the_mysterious_workings_of_the_adolescent_brain">http://www.ted.com/talks/sarah_jayne_blakemore_the_mysterious_workings_of_the_adolescent_brain</a></li> <li>Frontline PBS Video Inside the Teenage Brain. <a href="http://www.pbs.org/wgbh/pages/frontline/shows/teenbrain/">http://www.pbs.org/wgbh/pages/frontline/shows/teenbrain/</a></li> </ol> <p><b>Summary Chart:</b></p> <ol style="list-style-type: none"> <li>Adolescent Growth and Development chart (B13) in M. Simmons, J. Shalwitz, S. Pollock, A. Young (2003). <i>Adolescent Health Care 101: The Basics</i>. San Francisco, CA: Adolescent Health Working Group. <a href="https://medproviders.anthem.com/Documents/CACA_CAID_AdolescentHealthCare101.pdf">https://medproviders.anthem.com/Documents/CACA_CAID_AdolescentHealthCare101.pdf</a> (page B-13)</li> </ol>	<p>Office of Adolescent Health E-Learning Module - Adolescent Development. <a href="http://www.hhs.gov/ash/oah/resources-and-publications/learning/ad_dev/index.html">http://www.hhs.gov/ash/oah/resources-and-publications/learning/ad_dev/index.html</a></p>	<p><b>MedEd Portal:</b></p> <ol style="list-style-type: none"> <li>Eddins-Folensbee F, Klein J, Martinez S, Folensbee R, Harris T. Child and Adolescent Development for Medical Learners: Adolescent Identity Development. <i>MedEdPORTAL</i> Publication; 2012. <a href="https://www.mededportal.org/publication/9141#sthash.x8M3nVsS.dpuf">https://www.mededportal.org/publication/9141#sthash.x8M3nVsS.dpuf</a></li> </ol>	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic, subspecialty clinics dealing with adolescents with chronic illness)</li> <li>Inpatient (wards, PICU)</li> <li>Emergency department</li> </ul>



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<b>GROWTH AND DEVELOPMENT - continued</b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b><u>Development of Gender Identity and Sexual Orientation:</u></b></p> <ol style="list-style-type: none"> <li>1. Explain the difference between gender identity and sexual orientation, and how these both exist on a spectrum</li> <li>2. Apply a developmental framework when discussing the development of gender identity with patients and families</li> <li>3. Apply a developmental framework when discussing the development of sexual orientation with patients and families</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Society for Adolescent Health and Medicine. Recommendations for promoting the health and well-being of lesbian, gay, bisexual, and transgender adolescents: a position paper of the Society for Adolescent Health and Medicine. <i>Journal of Adolescent Health</i> 2013;52(4):506-10. <a href="https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Apr-13-LGBT-Position-Final.pdf">https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Apr-13-LGBT-Position-Final.pdf</a></li> <li>2. Raftery, Jason. American Academy of Pediatrics. (2015, June 4). Gender Identity Development in Children. <a href="https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Identity-and-Gender-Confusion-In-Children.aspx">https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Identity-and-Gender-Confusion-In-Children.aspx</a></li> <li>3. Raftery, Jason. American Academy of Pediatrics (2018, October). Ensuring comprehensive care and support for transgender and gender diverse children and adolescents</li> <li>4. Olson-Kennedy, Rosenthal, Hastings, &amp; Wesp. UCSF Transgender Care. (2016, June). Health considerations for gender non-conforming children and transgender adolescents.</li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li>1. PBS Frontline: Growing up Trans [video]. <a href="http://www.pbs.org/wgbh/pages/frontline/growing-up-trans/">http://www.pbs.org/wgbh/pages/frontline/growing-up-trans/</a></li> </ol> <p><b>Summary Chart:</b></p> <ol style="list-style-type: none"> <li>1. The Gender Unicorn. Available from Trans Student Educational Resources. <a href="http://www.transstudent.org/">http://www.transstudent.org/</a></li> </ol>	<p>Caring for LGBTQ Youth in Clinical Settings - Available free with registration from National LGBT Health Education Center <a href="http://www.lgbthealtheducation.org/lgbt-education/learning-modules/">http://www.lgbthealtheducation.org/lgbt-education/learning-modules/</a></p>	<p><b>MedEd Portal:</b></p> <ol style="list-style-type: none"> <li>1. Lee R, Loeb D, Butterfield A. Sexual History Taking Curriculum: Lecture and Standardized Patient Cases. MedEdPORTAL Publication; 2014. <a href="https://www.mededportal.org/publication/9856#sthash.KabpeW6F.dpuf">https://www.mededportal.org/publication/9856#sthash.KabpeW6F.dpuf</a></li> <li>2. There are many more resources from MedEd – click to search “LGBT” on the MedEd Portal. <a href="https://www.mededportal.org/search/?q=lgbt">https://www.mededportal.org/search/?q=lgbt</a></li> </ol> <p>ARSHEP PowerPoint modules available at: <a href="https://prh.org/arshep-ppts/#lgbtq-essentials">https://prh.org/arshep-ppts/#lgbtq-essentials</a></p> <ol style="list-style-type: none"> <li>1. Caring for Lesbian, Gay, Bisexual, Trans- gender, and Questioning Youth</li> <li>2. Caring for Transgender Adolescents</li> </ol> <p>ARSHEP videos and discussion guides available at: <a href="https://prh.org/adolescent-reproductive-sexual-health-case-videos/">https://prh.org/adolescent-reproductive-sexual-health-case-videos/</a></p> <ol style="list-style-type: none"> <li>1. Sexuality &amp; Gender: Sexual History-Taking and Gender</li> <li>2. Sexuality &amp; Gender: Coming Out</li> </ol>	<ul style="list-style-type: none"> <li>• Outpatient (adolescent clinic, primary care clinic, trans/gender clinic - if available)</li> <li>• Community organizations focusing on providing social services, support groups to LGBTQ youth</li> </ul>



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CONSENT AND CONFIDENTIALITY	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Confidentiality Laws:</b></p> <ol style="list-style-type: none"> <li>1. Recognize the health rights and implications of HIPAA on the care of adolescents-reproductive health and psychiatric care per state</li> <li>2. Describe what evaluation and treatment can be offered confidentially in your state</li> <li>3. Discuss how EMR and patient access to records affects confidentiality and adolescents accessing health care</li> </ol>	<p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. Guttmacher Institute, State Policies in Brief. <a href="http://www.guttmacher.org/statecenter">www.guttmacher.org/statecenter</a> <ul style="list-style-type: none"> <li>• An Overview of Minors Consent Laws <a href="https://www.guttmacher.org/state-policy/explore/overview-minors-consent-law">https://www.guttmacher.org/state-policy/explore/overview-minors-consent-law</a></li> <li>• State Policies on Teens <a href="https://www.guttmacher.org/united-states/teens/state-policies-teens">https://www.guttmacher.org/united-states/teens/state-policies-teens</a></li> </ul> </li> <li>2. Society for Adolescent Health and Medicine, YP20 section on Confidentiality in Health care <a href="http://www.adolescenthealth.org/Topics-in-Adolescent-Health/Confidentiality.aspx">http://www.adolescenthealth.org/Topics-in-Adolescent-Health/Confidentiality.aspx</a></li> </ol> <p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Society for Adolescent Health and Medicine Position Papers and Statements: Confidentiality and Ethical Issues Working with Adolescents <a href="https://www.adolescenthealth.org/Advocacy/Position-Papers-Statements.aspx#confidentiality">https://www.adolescenthealth.org/Advocacy/Position-Papers-Statements.aspx#confidentiality</a> <ol style="list-style-type: none"> <li>a. Confidentiality Protections for Adolescents and Young Adults in the Health Care Billing and Insurance Claims Process - February 2016 <a href="https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Confidentiality-Position-Statement_1.pdf">https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Confidentiality-Position-Statement_1.pdf</a></li> <li>b. Recommendations for Electronic Health Record Use for Delivery of Adolescent Health Care – April 2014 <a href="https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Apr-14-Elec-Health-Records.pdf">https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Apr-14-Elec-Health-Records.pdf</a></li> <li>c. Confidential Health Care for Adolescents – August 2004 <a href="https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Aug-04-Confidential_Health_Care_for_Adolescents.pdf">https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Aug-04-Confidential_Health_Care_for_Adolescents.pdf</a></li> </ol> </li> <li>2. English A, Ford C. Adolescent health, confidentiality in healthcare, and communication with parents. <i>Journal of Pediatrics</i> 2018; 199:11-13. <a href="https://www.jpeds.com/article/S0022-3476(18)30583-3/fulltext">https://www.jpeds.com/article/S0022-3476(18)30583-3/fulltext</a></li> <li>3. Levine SB. Adolescent consent and confidentiality. <i>Pediatr Rev</i> 2009;30(11):457-9.</li> <li>4. Association of Women’s Health, Obstetric and Neonatal Nurses. Confidentiality in Adolescent Health Care: AWHONN Position Statement. <i>Journal of Obstetric, Gynecologic and Neonatal Nursing</i>. 2017; 46:899-890. <a href="https://nwhjournal.org/article/S1751-4851(17)30329-X/fulltext">https://nwhjournal.org/article/S1751-4851(17)30329-X/fulltext</a></li> </ol>		<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. The Center for Adolescent Health &amp; the Law. Available at: <a href="http://www.cahl.org/">http://www.cahl.org/</a></li> </ol> <p><b>PediCases:</b> <a href="http://pedicases.org/archives/index.html">http://pedicases.org/archives/index.html</a></p> <ol style="list-style-type: none"> <li>1. <i>Middle Adolescent Health Screening: But All My Friends Do It</i> <a href="http://pedicases.org/wp-content/uploads/2011/07/screening2.pdf">http://pedicases.org/wp-content/uploads/2011/07/screening2.pdf</a></li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li>1. Engaging Adolescents: Keep it Confidential (Foundation for Health Leadership and Innovation, United States) <a href="https://www.youtube.com/watch?v=fmCdGusbm5k">https://www.youtube.com/watch?v=fmCdGusbm5k</a></li> <li>2. Working With Young People, Part 2: Privacy and Confidentiality (Youth Legal, Victoria, Australia) <a href="https://www.youtube.com/watch?v=tqJ_yyKm12k&amp;t=196s">https://www.youtube.com/watch?v=tqJ_yyKm12k&amp;t=196s</a></li> </ol>	<ul style="list-style-type: none"> <li>• Emergency department</li> <li>• Inpatient and outpatient settings</li> </ul>





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<b>CONSENT AND CONFIDENTIALITY</b>	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	<b>CLINICAL AND COMMUNITY SETTINGS</b>
<p><b><u>Mandated Reporting:</u></b></p> <p>1. Review state-specific laws regarding mandated reporting and the procedures that ensue thereafter</p>	<p><b>Websites and Online Resources:</b></p> <p>1. Child Welfare Information Gateway. Provides searchable state-specific statutes. <a href="https://www.childwelfare.gov/topics/systemwide/laws-policies/state/">https://www.childwelfare.gov/topics/systemwide/laws-policies/state/</a></p>			<ul style="list-style-type: none"> <li>• Social work</li> <li>• Child protection team</li> </ul>



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SEXUAL AND REPRODUCTIVE HEALTH	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Contraception:</b></p> <ol style="list-style-type: none"> <li>Examine your values around prescribing contraception to adolescents and young adults, and discuss professional responsibility to provide evidence-based care</li> <li>Describe the US Medical Eligibility Criteria and Selected Practice Recommendations for Contraceptive Use, and understand how to apply these in counseling patients about options and providing contraception</li> <li>Discuss the various options for emergency contraception, including efficacy, mechanism of action, indications for use, and patient counseling points</li> <li>Explain the various contraceptive methods, including ideal and typical failure rates, mechanism of action, benefits, and side effects, as well as addressing common myths about contraception</li> <li>Apply a shared decision-making framework to contraceptive counseling methods in working with teens</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Committee on Adolescence. Contraception for adolescents. Pediatrics. 2014;134(4):e1244-1256.</li> <li>Society for Adolescent Health and Medicine. Emergency Contraception for Adolescents and Young Adults: Guidance for Healthcare Professionals. Journal of Adolescent Health 2016;58(2):245-8. <a href="https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Emergency-Contraception-Statement-Paper-SAHM.pdf">https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Emergency-Contraception-Statement-Paper-SAHM.pdf</a></li> <li>U.S. Medical Eligibility Criteria for Contraceptive Use, 2016. MMWR Recomm Rep 2016;65(3):1-103. <a href="https://www.cdc.gov/mmwr/volumes/65/rr/rr6503a1.htm">https://www.cdc.gov/mmwr/volumes/65/rr/rr6503a1.htm</a></li> <li>U.S. Selected Practice Recommendations for Contraceptive Use, 2016. MMWR Recomm Rep 2016;65(4):1-66. <a href="http://www.cdc.gov/reproductivehealth/contraception/usspr.htm">http://www.cdc.gov/reproductivehealth/contraception/usspr.htm</a></li> </ol> <p>Gold, RB. Guttmacher Policy Review, Guarding Against Coercion While Ensuring Access: A Delicate Balance, Guttmacher Institute. Volume 17, Issue 3, 2014.</p> <p><b>Videos (Contraceptive CHOICE Project):</b></p> <ol style="list-style-type: none"> <li>Pathways to CHOICE <a href="https://www.youtube.com/watch?v=cd46pXtMHOo">https://www.youtube.com/watch?v=cd46pXtMHOo</a></li> <li>Which birth control is right for you? <a href="https://www.youtube.com/watch?v=u9SHoy1C3tU&amp;t=14s">https://www.youtube.com/watch?v=u9SHoy1C3tU&amp;t=14s</a></li> </ol> <p><b>Websites:</b></p> <ol style="list-style-type: none"> <li><a href="http://www.cdc.gov/reproductivehealth/contraception/usmec.htm">www.cdc.gov/reproductivehealth/contraception/usmec.htm</a> <ol style="list-style-type: none"> <li>CDC MEC ipad/iphone app, summary chart, and additional resources</li> </ol> </li> <li><a href="http://www.bedsider.org">www.bedsider.org</a> <ol style="list-style-type: none"> <li>Contraceptive efficacy chart</li> <li>Emergency Contraception comparison chart</li> </ol> </li> </ol> <p><b>Webinars:</b></p> <ol style="list-style-type: none"> <li>Contraception [webinar] by Dr. Steinauer as part of Quality Care and Public Health Implications [online course] Link to materials at <a href="http://www.innovating-education.org/abortion101/clinical-practice/">http://www.innovating-education.org/abortion101/clinical-practice/</a></li> </ol>	<p>Family Planning National Training Center, Available online for free at: <a href="https://www.fpntc.org/training-packages/contraceptive-services">https://www.fpntc.org/training-packages/contraceptive-services</a></p> <ol style="list-style-type: none"> <li>Quality Contraceptive Counseling &amp; Education: A Client Centered Conversation eLearning</li> <li>Quality Family Planning (QFP) Services Application: Clinical Scenarios</li> </ol>	<p>Improving Contraceptive Counseling through Shared Decision-Making Curriculum [slideset]. Innovating education in reproductive health. <a href="https://www.innovating-education.org/2016/03/2743/">https://www.innovating-education.org/2016/03/2743/</a></p> <p>ARSHEP PowerPoint modules available at: <a href="https://prh.org/arshep-ppts">https://prh.org/arshep-ppts</a></p> <ol style="list-style-type: none"> <li>Emergency Contraception (EC) and adolescents</li> <li>Essentials of contraception and adolescents</li> <li>Long-Acting Reversible Contraception</li> <li>Collaboration or Coercion</li> </ol> <p>ARSHEP case videos available at: <a href="https://prh.org/arshep-ppts/">https://prh.org/arshep-ppts/</a></p> <ol style="list-style-type: none"> <li>Drop-In Visit for Emergency Contraception</li> <li>Long-Acting Reversible Contraception (IUDs)</li> <li>Request for birth control: young adolescent</li> </ol> <p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>SAHM Sexual and Reproductive Health Resources. <a href="https://www.adolescenthealth.org/Resources/Clinical-Care-Resources/Sexual-Reproductive-Health.aspx">https://www.adolescenthealth.org/Resources/Clinical-Care-Resources/Sexual-Reproductive-Health.aspx</a></li> </ol>	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic, pediatric OB/GYN)</li> <li>Inpatient (wards)</li> <li>Emergency department</li> </ul>



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<b>SEXUAL AND REPRODUCTIVE HEALTH – continued</b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	<b>Readings and Videos</b>	<b>Interactive Learning opportunities</b>	<b>Materials to Develop Educational Sessions</b>	
<p><b>Pregnancy Options Counseling:</b></p> <ol style="list-style-type: none"> <li>1. Provide teens with non-judgmental counseling about all of their pregnancy options and community resources</li> <li>2. Describe the public health impact of unintended adolescent pregnancy, including abortion, adoption, and teen parenting</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Kumar V, Herbitter C, Karasz A, Gold M. Being in the room: reflections on pregnancy options counseling during abortion training. <i>Fam Med</i>. 2010;42(1):41-46.</li> <li>2. Finer LB, Zolna MR. Declines in Unintended Pregnancy in the United States, 2008-2011. <i>N Engl J Med</i> 2016;374(9):843-52.</li> <li>3. Counseling and Informed Consent. Available as part of Goodman S, Wolfe M, and the TEACH Trainers Collaborative Working Group               <ol style="list-style-type: none"> <li>a. <a href="https://workbook.pressbooks.com/chapter/chapter-2-counseling-and-informed-consent">https://workbook.pressbooks.com/chapter/chapter-2-counseling-and-informed-consent</a></li> <li>b. <a href="http://www.teachtraining.org/trainingworkbook/Early-Abortion-Training-Workbook-2016-2.pdf">http://www.teachtraining.org/trainingworkbook/Early-Abortion-Training-Workbook-2016-2.pdf</a></li> </ol> </li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li>1. Exploring All Options: Pregnancy Counseling Without Bias (within Title X Regulations). Family Planning National Training Center (FPNTC), Videos and Discussion guide available at: <a href="https://www.fpntc.org/resources/exploring-all-options-pregnancy-counseling-without-bias-video">https://www.fpntc.org/resources/exploring-all-options-pregnancy-counseling-without-bias-video</a></li> </ol> <p><b>Webinars:</b></p> <ol style="list-style-type: none"> <li>1. Decision Counseling for Positive Pregnancy Test Results [webinar] by Dr. Perrucci as part of Quality Care and Public Health Implications [online course] Link to materials - <a href="http://www.innovatingeducation.org/abortion101/clinical-practice/">http://www.innovatingeducation.org/abortion101/clinical-practice/</a></li> </ol>	<p>Values Clarification. Available as part of Goodman S, Wolfe M, and the TEACH Trainers Collaborative Working Group. Early Abortion Training Workbook, Fourth Edition. UCSF Bixby Center for Global Reproductive Health: San Francisco, CA (2012). <a href="http://www.teachtraining.org/trainingworkbook/EarlyAbortionTrainingWorkbook2012.pdf">http://www.teachtraining.org/trainingworkbook/EarlyAbortionTrainingWorkbook2012.pdf</a></p>	<p><b>ARSHEP PowerPoint modules</b> <a href="https://prh.org/arshep-ppts/">https://prh.org/arshep-ppts/</a></p> <ol style="list-style-type: none"> <li>1. Pregnancy Options Counseling with Adolescents</li> </ol> <p><b>ARSHEP case videos</b> <a href="https://prh.org/arshep-ppts/">https://prh.org/arshep-ppts/</a></p> <ol style="list-style-type: none"> <li>1. Unintended pregnancy</li> <li>2. Hoping for a positive pregnancy test</li> </ol>	<ul style="list-style-type: none"> <li>• Outpatient (adolescent clinic, primary care clinic, pediatric OB/GYN)</li> <li>• Emergency department</li> </ul>
<p><b>Abortion:</b></p> <ol style="list-style-type: none"> <li>1. Provide teens with evidence-based information about medication and aspiration abortion, including safety, efficacy, indications, and expected side effects</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Early Abortion Options. Available as part of Goodman S, Wolfe M, and the TEACH Trainers Collaborative Working Group. Early Abortion Training Workbook, Fourth Edition. UCSF Bixby Center for Global Reproductive Health: San Francisco, CA (2012).               <ol style="list-style-type: none"> <li>a. <a href="https://workbook.pressbooks.com/chapter/early-abortion-options">https://workbook.pressbooks.com/chapter/early-abortion-options</a></li> <li>b. <a href="http://www.teachtraining.org/trainingworkbook/Early-Abortion-Training-Workbook-2016-2.pdf">http://www.teachtraining.org/trainingworkbook/Early-Abortion-Training-Workbook-2016-2.pdf</a></li> </ol> </li> <li>2. Comparison of early abortion options. RHEDI. <a href="https://rhedi.org/comparison-of-early-abortion-options/">https://rhedi.org/comparison-of-early-abortion-options/</a></li> </ol>	<p>Features of Medical and Surgical Abortion (in Counseling for Medication Abortion) as part of Early options: A Provider's Guide to Medication Abortion <a href="https://prochoice.org/online_cme/default.asp">https://prochoice.org/online_cme/default.asp</a></p>	<p><b>ARSHEP PowerPoint modules</b> <a href="https://prh.org/arshep-ppts/">https://prh.org/arshep-ppts/</a></p> <ol style="list-style-type: none"> <li>1. Pregnancy Options Counseling with Adolescents</li> <li>2. Abortion and adolescents</li> </ol>	<ul style="list-style-type: none"> <li>• Outpatient (adolescent clinic, primary care clinic, pediatric OB/GYN)</li> <li>• Emergency department</li> </ul>



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	<p><b>Videos and Websites:</b></p> <ol style="list-style-type: none"><li>1. Abortion Out Loud. Stories and videos available at: <a href="https://advocatesforyouth.org/abortion-out-loud/abortion-out-loud-abortion-storytelling/">https://advocatesforyouth.org/abortion-out-loud/abortion-out-loud-abortion-storytelling/</a></li><li>2. A better way to talk about abortion. Aspen Baker. <a href="https://www.ted.com/talks/aspens_baker_a_better_way_to_talk_about_abortion">https://www.ted.com/talks/aspens_baker_a_better_way_to_talk_about_abortion</a></li><li>3. AJ+. How to get an abortion in the United States. <a href="https://www.youtube.com/watch?v=Q36-XTyM7xs">https://www.youtube.com/watch?v=Q36-XTyM7xs</a></li></ol>			
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<b>SEXUAL AND REPRODUCTIVE HEALTH – continued</b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	<b>Readings and Videos</b>	<b>Interactive Learning Opportunities</b>	<b>Materials to Develop Educational Sessions</b>	
<p><b>Male Reproductive Health:</b></p> <ol style="list-style-type: none"> <li>Describe male adolescent reproductive health care needs</li> <li>Demonstrate the ability to take an appropriate male sexual health history</li> <li>Demonstrate the ability to perform a male GU exam and identify common abnormal findings</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Adolescent and young adult male health: a review. Bell DL, Breland DJ, Ott MA. Pediatrics. 2013 Sep;132(3):535-46.</li> <li>Marcell, A.V. and the Male Training Center for Family Planning and Reproductive Health. Preventive Male Sexual and Reproductive Health Care: Recommendations for Clinical Practice. <a href="https://www.fpntc.org/sites/default/files/resources/mtc_male_prevrhc_2014.pdf">https://www.fpntc.org/sites/default/files/resources/mtc_male_prevrhc_2014.pdf</a></li> <li>The Male Genital Examination: A Position Paper of the Society for Adolescent Health and Medicine. J Adol Health. 2012;50(4):424–5. <a href="https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Ar-12-Male-Genital-Examination.pdf">https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Ar-12-Male-Genital-Examination.pdf</a></li> </ol> <p><b>Websites:</b></p> <ol style="list-style-type: none"> <li>Health Provider Toolkit for adolescent and young adult males. <a href="http://ayamalehealth.org">http://ayamalehealth.org</a></li> </ol>	<p>Caring for Adolescent and Young Adult Males: Tools for Clinicians, FPNTC, October 2014. Webinar &amp; Supplemental Tools available at: <a href="https://www.fpntc.org/resources/caring-adolescent-and-young-adult-males-tools-clinicians-webinar">https://www.fpntc.org/resources/caring-adolescent-and-young-adult-males-tools-clinicians-webinar</a></p>	<p><b>ARSHEP case videos:</b> <a href="https://prh.org/arshep-ppts/">https://prh.org/arshep-ppts/</a></p> <ol style="list-style-type: none"> <li>Discomfort Wearing Condoms</li> <li>Sports physical and sexual history</li> <li>Male adolescent reproductive health</li> </ol> <p><b>ARSHEP PowerPoint modules:</b> <a href="https://prh.org/arshep-ppts/">https://prh.org/arshep-ppts/</a></p> <ol style="list-style-type: none"> <li>Male adolescent sexual and reproductive health</li> </ol>	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic, pediatric OB/GYN)</li> <li>Emergency department</li> </ul>
<p><b>Sexual and Gender Minority Youth:</b></p> <ol style="list-style-type: none"> <li>Discuss the health related challenges and screening recommendations for LGBTQIA+ youth</li> <li>Incorporate appropriate LGBTQIA+ sensitive language into gender and sexual history taking for all adolescents and young adults</li> <li>Summarize evidence-based guidelines for supporting gender diverse youth</li> <li>Describe local and national resources for LGBTQIA+ youth</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Committee On Adolescence. Office-based care for lesbian, gay, bisexual, transgender, and questioning youth. Pediatrics 2013;132(1):198-203.</li> <li>Telfer, M.M., Tollit, M.A., Pace, C.C., &amp; Pang, K.C. Australian Standards of Care and Treatment Guidelines for Trans and Gender Diverse Children and Adolescents Version 1.1. Melbourne: The Royal Children’s Hospital; 2018. <a href="https://www.rch.org.au/uploadedFiles/Main/Content/adolescent-medicine/australian-standards-of-care-and-treatment-guidelines-for-trans-and-gender-diverse-children-and-adolescents.pdf">https://www.rch.org.au/uploadedFiles/Main/Content/adolescent-medicine/australian-standards-of-care-and-treatment-guidelines-for-trans-and-gender-diverse-children-and-adolescents.pdf</a></li> <li>SAMHSA, A Practitioner’s Resource Guide: Helping Families to Support Their LGBT Children. HHS Publication No. PEP14-LGBTKIDS. 2014.             <ol style="list-style-type: none"> <li><a href="https://store.samhsa.gov/system/files/pep14-lgbtkids.pdf">https://store.samhsa.gov/system/files/pep14-lgbtkids.pdf</a></li> <li><a href="https://familyproject.sfsu.edu/sites/default/files/FamilySupportForLGBTChildrenGuidance.pdf">https://familyproject.sfsu.edu/sites/default/files/FamilySupportForLGBTChildrenGuidance.pdf</a></li> </ol> </li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li>Voices of Transgender Adolescents in Healthcare. Adolescent Health Initiative <a href="https://www.youtube.com/watch?v=w9WZPG5rj3A&amp;feature=emb_title">https://www.youtube.com/watch?v=w9WZPG5rj3A&amp;feature=emb_title</a></li> </ol>	<p>National LGBT Health Education Center webinars available at <a href="http://www.lgbthealtheducation.org/">http://www.lgbthealtheducation.org/</a></p> <ol style="list-style-type: none"> <li>Caring for LGBT Youth in Clinical Settings</li> <li>Sexual Orientation, Gender Identity, and Mental Health in Children and Adolescents</li> <li>Gender Nonconforming Youth in Pediatrics &amp; Primary Care: Opportunities for Better Outcomes</li> </ol>	<p><b>ARSHEP PowerPoint modules:</b> <a href="https://prh.org/arshep-ppts/">https://prh.org/arshep-ppts/</a></p> <ol style="list-style-type: none"> <li>Caring for Lesbian, Gay, Bisexual, Transgender, and Questioning Youth</li> <li>Caring for Transgender youth</li> </ol> <p><b>ARSHEP videos and discussion guides:</b> <a href="https://prh.org/arshep-ppts/">https://prh.org/arshep-ppts/</a></p> <ol style="list-style-type: none"> <li>Coming Out</li> <li>Sexual History Taking &amp; Gender</li> </ol> <p><b>LGBTQ+ Care Spark training materials. Adolescent Health Initiative:</b> <a href="https://www.umhs-adolescenthealth.org/improving-care/lgbtq-care/">https://www.umhs-adolescenthealth.org/improving-care/lgbtq-care/</a></p>	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic, pediatric OB/GYN)</li> <li>Emergency department</li> </ul>





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	<b>Websites:</b> <ol style="list-style-type: none"> <li>Family Acceptance Project <a href="http://familyproject.sfsu.edu">http://familyproject.sfsu.edu</a></li> <li>Sexual Orientation: Overview, Theories About Gay, Lesbian, and Bisexual Sexuality, Developmental Stages of Gay, Lesbian, and Bisexual Adolescents Available via Medscape: <a href="http://emedicine.medscape.com/article/917792-overview#a1">http://emedicine.medscape.com/article/917792-overview#a1</a></li> </ol>		
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<b>SEXUAL AND REPRODUCTIVE HEALTH – continued</b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	<b>Readings and Videos</b>	<b>Interactive Learning Opportunities</b>	<b>Materials to Develop Educational Sessions</b>	
<b>Sexually Transmitted Infections:</b> <ol style="list-style-type: none"> <li>Apply guidelines for routine STI/HIV screening and prevention in clinical care, including special considerations for youth at higher risk of infection</li> <li>Review evidence-based STI treatment guidelines, including expedited partner therapy (EPT)</li> <li>Recognize signs and symptoms of common STIs and acute HIV</li> <li>Recognize the diagnostic criteria and use up-to-date management for pelvic inflammatory disease, vaginitis, and urethritis</li> </ol>	<b>Readings:</b> <ol style="list-style-type: none"> <li>Committee on Adolescence; Society for Adolescent Health and Medicine. Policy Statement: Screening for nonviral sexually transmitted infections in adolescents and young adults. Pediatrics. 2014 Jul;134(1):e302-11.</li> </ol> <b>Websites and Resources:</b> <ol style="list-style-type: none"> <li>CDC STD Treatment Guidelines: <a href="https://www.cdc.gov/std/tg2015/">https://www.cdc.gov/std/tg2015/</a> <ol style="list-style-type: none"> <li>Phone and ipad app</li> </ol> </li> <li>CDC STD Fact Sheets <a href="http://www.cdc.gov/std/healthcomm/fact_sheets.htm">http://www.cdc.gov/std/healthcomm/fact_sheets.htm</a></li> <li>Learn About PrEP, Preventing New HIV Infections, CDC <a href="https://www.cdc.gov/hiv/clinicians/prevention/prep.html">https://www.cdc.gov/hiv/clinicians/prevention/prep.html</a></li> <li>Expedited partner therapy (EPT). Guidance including legal status by state. <a href="http://www.cdc.gov/std/ept/default.htm">http://www.cdc.gov/std/ept/default.htm</a></li> </ol> <b>Consultation:</b> <ol style="list-style-type: none"> <li>CDC “warmline” to reach faculty from the National Network of STD/HIV Clinical Prevention Training Centers for advice on complex cases. <a href="http://www.stdccn.org">www.stdccn.org</a></li> </ol>	National STD Curriculum. <a href="https://www.std.uw.edu/">https://www.std.uw.edu/</a>  Pre-exposure Prophylaxis for HIV Prevention: Clinical cases. Available from the National LGBT Health Education Center at: <a href="https://www.lgbthealtheducation.org/courses/pre-exposure-prophylaxis-for-hiv-prevention-clinical-cases/">https://www.lgbthealtheducation.org/courses/pre-exposure-prophylaxis-for-hiv-prevention-clinical-cases/</a>  PrEP Action Kit. Available from the National LGBT Health Education Center at: <a href="https://www.lgbthealtheducation.org/publication/prep-action-kit/">https://www.lgbthealtheducation.org/publication/prep-action-kit/</a>	<b>STD 101 in a Box: Ready-to-use Presentations:</b> <a href="https://www.cdc.gov/std/training/std101/home.htm">https://www.cdc.gov/std/training/std101/home.htm</a>  <b>ARSHEP case videos:</b> <a href="https://prh.org/arshep-ppts/#sexually-transmitted-infections">https://prh.org/arshep-ppts/#sexually-transmitted-infections</a>  1. STI screening 2. Annual visit, sexually transmitted infection  <b>ARSHEP PowerPoint modules:</b> <a href="https://prh.org/arshep-ppts/#sexually-transmitted-infections">https://prh.org/arshep-ppts/#sexually-transmitted-infections</a>  1. HIV pre-exposure prophylaxis (PrEP) and adolescents 2. Human papillomavirus and adolescents 3. STIs: epidemiology, testing and treatment for adolescents  <b>Pedicases:</b> <a href="http://pedicases.org/topics/index.html">http://pedicases.org/topics/index.html</a>  1. HIV and the Adolescent: Michael’s Disclosure 2. STDs: The Burning Issue	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic, pediatric OB/GYN)</li> <li>Emergency department</li> </ul>



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<b>SEXUAL AND REPRODUCTIVE HEALTH – <i>continued</i></b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	<b>Readings and Videos</b>	<b>Interactive Learning Opportunities</b>	<b>Materials to Develop Educational Sessions</b>	
<p><b>Menstrual Cycle and Common Menstrual Disorders:</b></p> <ol style="list-style-type: none"> <li>1. Describe the normal female menstrual cycle, and understand the concept of anovulatory cycling during pubertal development</li> <li>2. Describe the differential diagnosis, initial evaluation, and management options for common menstrual disorders including amenorrhea, irregular menses, abnormal uterine bleeding, and dysmenorrhea</li> <li>3. Explain options for menstrual regulation in adolescents with physical or developmental disabilities</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Gray SH. Menstrual disorders. <i>Pediatr Rev</i> 2013;34(1):6-17; quiz 17- 8.</li> <li>2. ACOG Committee Opinion No. 615, Dec 2015: Menstruation in girls and adolescents: using the menstrual cycle as a vital sign. <i>Obstet Gynecol</i> 2015;126:e143-6.</li> <li>3. Talib HJ, Coupey SM. Excessive uterine bleeding. <i>Adolesc Med State Art Rev</i> 2012;23(1):53-72.</li> <li>4. Committee Opinion No. 668: Menstrual Manipulation for Adolescents With Physical and Developmental Disabilities. <i>Obstet Gynecol</i>. 2016 Aug;128(2):e20-5.</li> </ol>		<p><b>Pedicasases:</b> <a href="http://pedicasases.org/topics/index.html">http://pedicasases.org/topics/index.html</a></p> <ol style="list-style-type: none"> <li>1. Dysfunctional Uterine Bleeding: Too Many Periods.</li> <li>2. Amenorrhea: Missing Menses</li> </ol>	<ul style="list-style-type: none"> <li>• Outpatient (adolescent clinic, primary care clinic, pediatric OB/GYN)</li> <li>• Emergency department</li> </ul>



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MODULE AND LEARNING OBJECTIVES	TEACHING MATERIALS			CLINICAL AND COMMUNITY SETTINGS
PSYCHOLOGICAL AND BEHAVIORAL HEALTH	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Screening:</b></p> <ol style="list-style-type: none"> <li>Describe the importance of screening all adolescents about mental health issues including depression, anxiety, non-suicidal self-harm, and suicidal ideation</li> <li>Describe the importance of asking suicidal patients if there is a plan</li> <li>Compare the presentation and diagnosis of ADHD between early, middle, and late adolescence and young adults</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Pew Research Center, February 2019, "Most U.S. Teens See Anxiety and Depression as a Major Problem Among Their Peers" <a href="https://www.pewsocialtrends.org/wp-content/uploads/sites/3/2019/02/Pew-Research-Center-Teens-report-full-2.pdf">https://www.pewsocialtrends.org/wp-content/uploads/sites/3/2019/02/Pew-Research-Center-Teens-report-full-2.pdf</a></li> <li>Practice parameter for the assessment and treatment of children and adolescents with suicidal behavior. American Academy of Child and Adolescent Psychiatry. J Am Acad Child Adolesc Psychiatry 2001;40(7 Suppl):24S-51S.</li> <li>Maslow GR, Dunlap K, Chung RJ. Depression and Suicide in Children and Adolescents. Pediatr Rev 2015;36(7):299-308; quiz 309-10.</li> <li>Kelly P. Posttraumatic stress disorder. Pediatr Rev 2012;33(8):382-3.</li> </ol> <p><b>Websites and other Resources:</b></p> <ol style="list-style-type: none"> <li>MCPAP (Massachusetts Child Psychiatry Access Project) <a href="http://mcpap.org">http://mcpap.org</a> - section for providers contains: <ol style="list-style-type: none"> <li>Diagnostic Resources</li> <li>Screening and Toolkits</li> </ol> </li> <li>The REACH Institute: Specific sections on Screening, Assessment &amp; Referral; Issue Briefs <a href="http://www.glad-pc.org/">http://www.glad-pc.org/</a></li> </ol>		<p><b>PediCases:</b> <a href="http://pedicases.org/archives/index.html">http://pedicases.org/archives/index.html</a></p> <ol style="list-style-type: none"> <li>Depression - Too Tired to Sleep</li> </ol> <p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>Office of Adolescent Health - Adolescent Health Topics - Mental Health. <a href="https://www.hhs.gov/ash/oah/adolescent-development/mental-health/index.html">https://www.hhs.gov/ash/oah/adolescent-development/mental-health/index.html</a></li> </ol> <p><b>MedEd Portal:</b></p> <ol style="list-style-type: none"> <li>Pitts S, Borus J, Harris S, Siegel J, Gooding H, Goncalves A, Levy S, Weitzman E, Burke P. Benefitting Brad: An Interprofessional Case of Adolescent Substance Use and ADHD. MedEdPORTAL Publications; 2015. <a href="https://www.mededportal.org/publication/10224/">https://www.mededportal.org/publication/10224/</a></li> </ol>	<ul style="list-style-type: none"> <li>Outpatient (adolescent clinic, primary care clinic, child and adolescent psychiatry)</li> <li>Inpatient (wards, PICU)</li> <li>Emergency department</li> </ul>



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<b>PSYCHOLOGICAL AND BEHAVIORAL HEALTH - continued</b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	<b>Readings and Videos</b>	<b>Interactive Learning Opportunities</b>	<b>Materials to Develop Educational Sessions</b>	
<p><b>Referral/Treatment:</b></p> <ol style="list-style-type: none"> <li>1. Assess patient readiness for change/intervention</li> <li>2. Discuss outpatient treatment of depression/anxiety in adolescents including pharmacologic treatment and mental health utilization.</li> <li>3. Know behavioral and pharmacologic treatments for ADHD</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Zuckerbrot RA, Cheung AH, Jensen PS, Stein RE, Laraque D, Group G-PS. Guidelines for Adolescent Depression in Primary Care (GLAD-PC): I. Identification, assessment, and initial management. <i>Pediatrics</i> 2007;120(5):e1299-312. <a href="https://pediatrics.aappublications.org/content/141/3/e20174081">https://pediatrics.aappublications.org/content/141/3/e20174081</a></li> <li>2. Cheung AH, Zuckerbrot RA, Jensen PS, Ghalib K, Laraque D, Stein RE, et al. Guidelines for Adolescent Depression in Primary Care (GLAD-PC): II. Treatment and ongoing management. <i>Pediatrics</i> 2007;120(5):e1313-26. <a href="https://pediatrics.aappublications.org/content/141/3/e20174082?utm_source=TrendMD&amp;utm_medium=TrendMD&amp;utm_campaign=Pediatrics_TrendMD_0">https://pediatrics.aappublications.org/content/141/3/e20174082?utm_source=TrendMD&amp;utm_medium=TrendMD&amp;utm_campaign=Pediatrics_TrendMD_0</a></li> <li>3. Wolraich M, Brown L, Brown RT, et al. ADHD: clinical practice guideline for the diagnosis, evaluation, and treatment of attention-deficit/hyperactivity disorder in children and adolescents. <i>Pediatrics</i> 2011;128(5):1007-22. <a href="https://pediatrics.aappublications.org/content/144/4/e20192528">https://pediatrics.aappublications.org/content/144/4/e20192528</a></li> </ol> <p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. Guidelines for Adolescent Depression in Primary Care (GLAD-PC) Toolkit <a href="http://www.glad-pc.org/">http://www.glad-pc.org/</a></li> </ol>		<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. Office of Adolescent Health - Adolescent Health Topics - Mental Health. <a href="https://www.hhs.gov/ash/oah/adolescent-development/mental-health/index.html">https://www.hhs.gov/ash/oah/adolescent-development/mental-health/index.html</a></li> </ol> <p><b>Books:</b></p> <ol style="list-style-type: none"> <li>1. Ginsburg, K Ed. <i>Reaching Teens: Strength-Based, Trauma-Sensitive, Resilience-Building Communication Strategies Rooted in Positive Youth Development, 2nd Edition</i>. AAP, 2020</li> </ol> <ul style="list-style-type: none"> <li>• Chapter 61: Reaching Treatment: An Overview of Mental Health Treatment <a href="https://services.aap.org/en/publications/reaching-teens-2E/sahm/">https://services.aap.org/en/publications/reaching-teens-2E/sahm/</a></li> </ul>	<ul style="list-style-type: none"> <li>• Outpatient (adolescent clinic, primary care clinic, child and adolescent psychiatry; work with outpatient social work)</li> <li>• Inpatient (wards, PICU, psychiatry)</li> <li>• Partial hospitalization - child and adolescent psychiatry</li> <li>• Emergency department</li> </ul>
<p><b>Management of suicidality:</b></p> <ol style="list-style-type: none"> <li>1. Describe the importance of asking all adolescents about suicidal ideation and, if present, if there is a plan</li> <li>2. Know the resources in your area for referral of an actively suicidal adolescent (crisis team, psychiatric or medical ED, psychiatric hospital)</li> <li>3. Examine the basis of safety planning and how to counsel parents/guardians of safety plan</li> </ol>	<p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. It Gets Better Project <a href="https://itgetsbetter.org/">https://itgetsbetter.org/</a></li> <li>2. To Write Love on Her Arms <a href="https://twloha.com/">https://twloha.com/</a></li> <li>3. MCPAP (Massachusetts Child Psychiatry Access Project) <a href="https://www.mcpap.com/Provider/SuicidePrevention.aspx">https://www.mcpap.com/Provider/SuicidePrevention.aspx</a> <ol style="list-style-type: none"> <li>a. Suicide Prevention in the Primary Care Setting in section "For Providers"</li> </ol> </li> <li>4. The Cornell Research Project on Self-Injury and Recovery <a href="http://www.selfinjury.bctr.cornell.edu/resources.html">http://www.selfinjury.bctr.cornell.edu/resources.html</a></li> <li>5. The Trevor Project <a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a></li> </ol>		<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. Office of Adolescent Health - Adolescent Health Topics - Mental Health. <a href="https://www.hhs.gov/ash/oah/adolescent-development/mental-health/index.html">https://www.hhs.gov/ash/oah/adolescent-development/mental-health/index.html</a></li> </ol>	<ul style="list-style-type: none"> <li>• Outpatient (adolescent clinic, primary care clinic, child and adolescent psychiatry; work with outpatient social work)</li> <li>• Inpatient (wards, PICU, psychiatry)</li> <li>• Partial hospitalization - child and adolescent psychiatry</li> </ul>



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MODULE AND LEARNING OBJECTIVES	TEACHING MATERIALS			CLINICAL AND COMMUNITY SETTINGS
EATING DISORDERS & OVERWEIGHT/OBESITY	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Eating Disorders:</b></p> <ol style="list-style-type: none"> <li>Recognize and define DSM-5 eating disorders including anorexia nervosa, atypical anorexia nervosa, bulimia nervosa, avoidant/restrictive food intake disorder, binge eating disorder</li> <li>Describe risk factors (including genetic and neurobiological vulnerabilities) that may predispose youth to develop eating disorders</li> <li>Recognize that eating disorders can develop in all populations (ie: males, normal /overweight adolescents, adolescents with chronic disease, refugees), and that certain populations are at higher risk</li> <li>Identify medical complications of eating disorders and reasons for medical hospitalization</li> <li>Recognize long-term health risks associated with eating disorders and that they are more likely if youth with eating disorders are not identified early, followed closely, and treated using a multidisciplinary approach</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Campbell K, Peebles R.: Eating disorders in children and adolescents: state of the art review, <i>Pediatrics</i> 2014;134(3):582-92. <a href="https://pediatrics.aappublications.org/content/134/3/582">https://pediatrics.aappublications.org/content/134/3/582</a></li> <li>Golden NH, Katzman DK, Sawyer SM, Ornstein RM, Rome ES, Garber AK, et al. Update on the medical management of eating disorders in adolescents. <i>Journal Adolescent Health</i> 2015;56(4):370-5. <a href="http://www.jahonline.org/article/S1054-139X(14)00760-5/pdf">http://www.jahonline.org/article/S1054-139X(14)00760-5/pdf</a></li> <li>Katzman DK, Peebles R, Sawyer SM, Lock J, Le Grange D: The Role of the Pediatrician in Family-Based Treatment for Adolescent Eating Disorders: Opportunities and Challenges <i>Journal of Adolescent Health</i> Oct 2013 <a href="http://www.adolescenthealth.org/SAHM_Main/media/Adol-Resident-Curriculum/Materials/JAH-Oct-2013_Role-of-Peds_.pdf">www.adolescenthealth.org/SAHM_Main/media/Adol-Resident-Curriculum/Materials/JAH-Oct-2013_Role-of-Peds_.pdf</a></li> <li>Lock J, LaVia MC, American Academy of Child and Adolescent Psychiatry (AACAP) Committee on Quality Issues. Practice parameter for the assessment and treatment of children and adolescents with eating disorders. <i>J Am Acad Child Adolesc Psychiatry</i> 2015;54(5):412–425. <a href="http://www.jaacap.com/article/S0890-8567(15)00070-2/pdf">http://www.jaacap.com/article/S0890-8567(15)00070-2/pdf</a></li> </ol> <p><b>Books:</b></p> <ol style="list-style-type: none"> <li>Lock J, Le Grange D. <i>Help Your Teenager Beat an Eating Disorder</i>, Second edition. New York: The Guildford Press, 2015.</li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li>Handbook of Assessment and Treatment of Eating Disorders. Edited by B. Timothy Walsh, M.D., Evelyn Attia, M.D., Deborah R. Glasofer, Ph.D., and Robyn Sysko, Ph.D. (Videos accompanying text.) American Psychiatric Association 2016. <a href="https://www.appi.org/handbook_of_assessment_and_treatment_of_eating_disorders">https://www.appi.org/handbook_of_assessment_and_treatment_of_eating_disorders</a></li> <li>Kreipe RE, and Peebles R. "Model Eating Disorder Interview," "A Comprehensive Approach to Serving Youth with Eating Disorders" and "Working with Families of Adolescents with Eating Disorders," in "Reaching Teens: Strength-Based Communication Strategies to Build Resilience and Support Healthy Adolescent Development" Elks Grove Village IL; American Academy of Pediatrics; 2013. (A Textbook and Video Product). January 2014. <a href="https://shop.aap.org/reaching-teens-ebook/">https://shop.aap.org/reaching-teens-ebook/</a></li> </ol>	<p>NEJM interactive case: A Patient Found Unresponsive. <a href="http://www.nejm.org/doi/full/10.1056/NEJMimc1204403">http://www.nejm.org/doi/full/10.1056/NEJMimc1204403</a></p>	<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>National Eating Disorders Association - for Medical Professionals. <a href="http://www.nationaleatingdisorders.org/medical-professionals">http://www.nationaleatingdisorders.org/medical-professionals</a></li> <li>The eating attitudes test (EAT – 26). <a href="http://www.adolescenthealth.org/SAHM_Main/media/Adol-Resident-Curriculum/7-0-EAT-Rating-Scale.pdf">www.adolescenthealth.org/SAHM_Main/media/Adol-Resident-Curriculum/7-0-EAT-Rating-Scale.pdf</a></li> </ol> <p><b>Pedicases:</b></p> <ol style="list-style-type: none"> <li>Anorexia Nervosa: Stephanie's Long Walk. <a href="http://pedicases.org/wp-content/uploads/2011/07/mental1.pdf">http://pedicases.org/wp-content/uploads/2011/07/mental1.pdf</a></li> </ol> <p><b>MedEd Portal resources:</b></p> <ol style="list-style-type: none"> <li>Sonneville K, Freizinger M, Forman S, Burke P, Goncalves A, Pitts S, Gooding H. <i>Treating Taylor: Multidisciplinary Management of Eating Disorders</i>. MedEdPORTAL Publication; 2014. <a href="https://www.mededportal.org/publication/9938/#sthash.oQW9vf0r.dpuf">https://www.mededportal.org/publication/9938/#sthash.oQW9vf0r.dpuf</a></li> <li>Douziech I, Miller A, Student J. <i>Child and Adolescent Eating Disorders</i>. MedEdPORTAL Publication; 2014. <a href="https://www.mededportal.org/publication/9895">https://www.mededportal.org/publication/9895</a></li> </ol>	<ul style="list-style-type: none"> <li>Adolescent rotation</li> <li>Experience at eating disorder treatment center</li> <li>Inpatient hospital rotations</li> <li>College health experience</li> <li>Emergency department</li> </ul>





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<b>EATING DISORDERS &amp; OVERWEIGHT/OBESITY – continued</b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	<b>Readings and Videos</b>	<b>Interactive Learning Opportunities</b>	<b>Materials to Develop Educational Sessions</b>	
<p><b>Disordered Eating:</b></p> <ol style="list-style-type: none"> <li>1. Recognize that disordered eating including dieting is common during adolescence</li> <li>2. List indications to refer adolescents with disordered eating to eating disorder specialists (e.g. medical, mental health, nutrition)</li> <li>3. Recognize that unhealthy weight control behaviors can occur at any weight, may be present in youth with overweight, or may initiate after a provider raises concerns about weight or rate of gain</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Yoon C, Mason SM, Hooper L, Eisenberg ME, Neumark-Sztainer D. Disordered Eating Behaviors and 15-year Trajectories in Body Mass Index: Findings From Project Eating and Activity in Teens and Young Adults (EAT). <i>Journal of Adolescent Health</i>. 2020 Feb;66(2):181-188. doi: 10.1016/j.jadohealth.2019.08.012. Epub 2019 Oct 18.</li> <li>2. Golden NH, Schneider M, Wood C, Committee On Nutrition, Committee On Adolescence, Section On Obesity. Preventing Obesity and Eating Disorders in Adolescents. <i>Pediatrics</i> 2016;138(3).</li> <li>3. Sim LA, Lebow J, Billings M. Eating disorders in adolescents with a history of obesity. <i>Pediatrics</i> 2013;132(4):e1026-30.</li> </ol> <p><b>Books:</b></p> <ol style="list-style-type: none"> <li>1. "I'm, Like, SO Fat!" Helping Your Teen Make Healthy Choices about Eating and Exercise in a Weight-Obsessed World. Dianne Neumark-Sztainer. New York: Guilford Press, 2005.</li> </ol>		<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. Disordered eating and dieting. National Eating Disorders Collaboration. <a href="http://www.nedc.com.au/disordered-eating">http://www.nedc.com.au/disordered-eating</a></li> </ol>	<ul style="list-style-type: none"> <li>• Adolescent rotation</li> <li>• Experience at eating disorder treatment center</li> <li>• College health experience</li> <li>• Outpatient primary care</li> </ul>
<p><b>Overweight/Obesity:</b></p> <ol style="list-style-type: none"> <li>1. Recognize risk factors for, public health impact of, and medical complications of obesity</li> <li>2. Discuss appropriate screening labs for obese individuals</li> <li>3. As sensitivity is required in addressing overweight with young people to avoid development of unhealthy weight control practices, demonstrate techniques, effective language, and strategies to work with adolescents around weight loss</li> <li>4. List indications for pharmacotherapy and bariatric surgery in adolescents</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Inge TH, et al. The effect of obesity in adolescence on adult health status. <i>Pediatrics</i> 2013;132(6):1098-104.</li> <li>2. Apovian CM, Aronne LJ, Bessesen DH, McDonnell ME, Murad MH, Pagotto U, et al. Pharmacological management of obesity: An Endocrine Society clinical practice guideline. <i>J Clin Endocrinol Metab</i> 2015;100(2):342-62.</li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li>1. Videos on Motivational Interviewing around weight. Abbot Nutrition Health Institute. <a href="http://anhi.org/physician">http://anhi.org/physician</a> - (search for "motivational")</li> </ol> <p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. "Take Charge of Your Health" (NIH 2012) - teen handout, information for teaching patients the basics of health energy balance. <a href="http://www.niddk.nih.gov/health-information/health-topics/weight-control/take-charge-your-health/Documents/TakeCharge.pdf">http://www.niddk.nih.gov/health-information/health-topics/weight-control/take-charge-your-health/Documents/TakeCharge.pdf</a></li> <li>2. Body Basics: An Adolescent Provider Toolkit, Section on Overweight: Further Evaluation. J. Shalwitz, D. Bushman, K. Davis, S. Williams (2005). San Francisco, CA: Adolescent Health Working Group, San Francisco. <a href="https://ahwg.org/download/body-basics-2005/">https://ahwg.org/download/body-basics-2005/</a></li> <li>3. Bariatric Surgery Procedures. American Society of Metabolic and Bariatric Surgery <a href="https://asmbs.org/patients/bariatric-surgery-procedures">https://asmbs.org/patients/bariatric-surgery-procedures</a></li> </ol>	<p>Preventing Weight Bias: 8 toolkits for health care providers <a href="http://biastoolkit.uconnruddcenter.org/">http://biastoolkit.uconnruddcenter.org/</a></p> <p>AAP Institute for Healthy Childhood Weight "Change Talk." <a href="https://ihcw.aap.org/Pages/Resources_ProEd.aspx">https://ihcw.aap.org/Pages/Resources_ProEd.aspx</a> Mobile app also available</p>	<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. Office of Adolescent Health - Adolescent Health Topics - Physical Health and Nutrition. <a href="http://www.hhs.gov/ash/oah/adolescent-health-topics/physical-health-and-nutrition/">http://www.hhs.gov/ash/oah/adolescent-health-topics/physical-health-and-nutrition/</a></li> <li>2. The Obesity Society - Resources for Childhood Overweight. <a href="https://www.obesity.org/">https://www.obesity.org/</a></li> <li>3. Centers for Disease Control and Prevention. Obesity and Overweight - Prevention Strategies and Guidelines. <a href="https://www.cdc.gov/obesity/resources/strategies-guidelines.html">https://www.cdc.gov/obesity/resources/strategies-guidelines.html</a></li> </ol>	<ul style="list-style-type: none"> <li>• Outpatient (adolescent clinic, primary care clinic, endocrinology, weight management programs)</li> <li>• Inpatient (wards)</li> </ul>



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MODULE AND LEARNING OBJECTIVES	TEACHING MATERIALS			CLINICAL AND COMMUNITY SETTINGS
SUBSTANCE USE AND ABUSE	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Screening and counseling:</b></p> <ol style="list-style-type: none"> <li>1. Relate the public health burden of substance use among teens including tobacco/nicotine, alcohol, prescription drugs, and non-prescription drugs</li> <li>2. State the components of initial substance use screening, including CRAFFT questions</li> <li>3. Describe when to use brief advice, motivational interviewing, and/or refer to treatment for substance use treatment</li> <li>4. Recognize the comorbidity of mental health and substance use in adolescents</li> <li>5. Describe the utility and appropriate use of a urine drug screen</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Levy SJ, Williams JF, AAP COMMITTEE ON SUBSTANCE USE AND PREVENTION. Clinical Report: Substance Use Screening, Brief Intervention, and Referral to Treatment (SBIRT). <i>Pediatrics</i>. 2016;138(1): e20161211</li> <li>2. AAP COMMITTEE ON SUBSTANCE USE AND PREVENTION. Policy Statement: Substance Use Screening, Brief Intervention, and Referral to Treatment (SBIRT). <i>Pediatrics</i>. 2016;138(1):e20161210</li> <li>3. NIH/NIDA "Drugs, Brains, and Behavior: The Science of Addiction" (revised 2014) <a href="https://d14rmqtrwzf5a.cloudfront.net/sites/default/files/soa_2014.pdf">https://d14rmqtrwzf5a.cloudfront.net/sites/default/files/soa_2014.pdf</a></li> <li>4. Levy S, Siqueira LM, Committee on Substance Abuse, Ammerman SD, Gonzalez PK, Ryan SA, et al. Testing for drugs of abuse in children and adolescents. <i>Pediatrics</i> 2014;133(6):e1798-1807.</li> <li>5. Deas D, Brown ES. Adolescent substance abuse and psychiatric comorbidities. <i>J Clin Psychiatry</i> 2006;67(7):e02.</li> <li>6. U.S. Department of Health and Human Services (HHS), Office of the Surgeon General, Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health. Washington, DC: HHS, November 2016. (great for general substance use info): executive summary and full report <a href="https://addiction.surgeongeneral.gov/table-of-contents">https://addiction.surgeongeneral.gov/table-of-contents</a></li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li>1. National Institute on Drug Abuse (NIDA/NIH) YouTube videos, including on the Health risks of Vaping <a href="https://www.youtube.com/channel/UCfXHx9qyqeB3ezHQnHk8zXA">https://www.youtube.com/channel/UCfXHx9qyqeB3ezHQnHk8zXA</a></li> </ol> <p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. Adolescent SBIRT: Toolkit for Providers. Adolescent Screening, Brief Intervention, and Referral for Treatment for Alcohol and Other Drug Use. Developed in partnership with the Massachusetts Departments of Public Health, Mental Health, and the Massachusetts Child Psychiatry Access Project. 2015. Comprehensive toolkit including confidentiality, list of validated screening tools, treatment and support decision tree, and billing tips. <a href="https://www.mcpap.com/pdf/S2BI_Toolkit.pdf">https://www.mcpap.com/pdf/S2BI_Toolkit.pdf</a></li> </ol>	<p>AAP EQIPP: Substance Use - Screening, Brief Intervention, Referral to Treatment. 2018 (free with AAP membership) <a href="https://shop.aap.org/eqipp-substance-use-screening-brief-intervention-referral-to-treatment/">https://shop.aap.org/eqipp-substance-use-screening-brief-intervention-referral-to-treatment/</a></p> <p>Ahadpour M, Forman R, E Kleinschmidt. Substance Use in Adults and Adolescents: Screening, Brief Intervention and Referral to Treatment (SBIRT). Free through - <a href="http://www.medscape.org">www.medscape.org</a></p>	<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. SAHM Youth Providers 2.0 Topic Guide - Substance Use <a href="https://www.adolescenthealth.org/Topics-in-Adolescent-Health/Substance-Use.aspx">https://www.adolescenthealth.org/Topics-in-Adolescent-Health/Substance-Use.aspx</a></li> <li>2. Office of Adolescent Health - Adolescent Health Topics - Substance Abuse. <a href="http://www.hhs.gov/ash/oah/adolescent-health-topics/substance-abuse">http://www.hhs.gov/ash/oah/adolescent-health-topics/substance-abuse</a></li> <li>3. The Stanford Tobacco Prevention Toolkit Theory-based and evidence-informed resources created by educators, parents, and researchers aimed at preventing middle and high school students' use of tobacco and nicotine. Ideal for integrating into curriculum in school-based setting. <a href="https://med.stanford.edu/tobaccopreventiontoolkit.html">https://med.stanford.edu/tobaccopreventiontoolkit.html</a></li> <li>4. RX For Change: Clinician assisted Tobacco Cessation Comprehensive tobacco cessation training program that equips health professional students and practicing clinicians, of all disciplines, with evidence-based knowledge and skills for assisting patients with quitting. <a href="https://rxforchange.ucsf.edu/">https://rxforchange.ucsf.edu/</a></li> </ol> <p><b>Books:</b></p> <ol style="list-style-type: none"> <li>1. Ginsburg, K Ed. <i>Reaching Teens: Strength-Based, Trauma-Sensitive, Resilience-Building Communication Strategies Rooted in Positive Youth Development, 2nd Edition</i>. AAP, 2020 <ul style="list-style-type: none"> <li>• Chapter 48: Helping Adolescents Own their Solutions <a href="https://services.aap.org/en/publications/reaching-teens-2E/sahm/">https://services.aap.org/en/publications/reaching-teens-2E/sahm/</a></li> </ul> </li> </ol> <p><b>MedEd Portal:</b></p> <ol style="list-style-type: none"> <li>1. Boykan R, Blair R, Baldelli P, Owens S. Using motivational interviewing to address tobacco cessation: two standardized patient cases for pediatric residents. <i>MedEdPORTAL</i>. 2019;15:10807. <a href="https://doi.org/10.15766/mep_2374-8265.10807">https://doi.org/10.15766/mep_2374-8265.10807</a></li> <li>2. Pitts S, Borus J, Harris S, Siegel J, Gooding H, Goncalves A, Levy S, Weitzman E, Burke P. Benefitting Brad: An Interprofessional Case of Adolescent Substance Use and ADHD. <i>MedEdPORTAL Publications</i>; 2015. <a href="https://www.mededportal.org/publication/10224">https://www.mededportal.org/publication/10224</a></li> </ol>	<ul style="list-style-type: none"> <li>• Inpatient settings</li> <li>• Outpatient settings: school and college based, juvenile justice</li> <li>• Emergency department</li> <li>• School, County, or Community-based substance use support/treatment</li> </ul>



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	<p>2. American Academy of Pediatrics (AAP) Substance Use Screening and Brief Intervention for Youth- has lots of information and links <a href="https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Pages/Substance-Use-Screening.aspx">https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Pages/Substance-Use-Screening.aspx</a></p> <p>3. SAMHSA – “Incorporating substance abuse screening into adolescent office visits – CRAFFT”. <a href="https://www.adolescenthealth.org/SAHM_Main/media/Adol-Resident-Curriculum/CRAFFT_IncorporatingSubstanceAbuseScreening.pdf">https://www.adolescenthealth.org/SAHM_Main/media/Adol-Resident-Curriculum/CRAFFT_IncorporatingSubstanceAbuseScreening.pdf</a></p> <p>4. NIDA-Screening Tools for Adolescent Substance Abuse (May 2019): The BSTAD and S2BI are brief online tools to assess for substance use disorder risk among adolescents age 12-17 years old in primary care settings <a href="https://www.drugabuse.gov/nidamed-medical-health-professionals/screening-tools-resources/screening-tools-for-adolescent-substance-use">https://www.drugabuse.gov/nidamed-medical-health-professionals/screening-tools-resources/screening-tools-for-adolescent-substance-use</a></p> <p>5. National Institute on Drug Abuse (NIDA-MED)/NIH- <a href="http://www.drugabuse.gov">http://www.drugabuse.gov</a> science-based resources for health professionals and those in training about screening, addressing, and treating addiction</p> <ol style="list-style-type: none"> <li>Adolescent Screening and prevention tools</li> <li>Resources specific to clinical disciplines</li> <li>Health Professions education</li> </ol> <p>6. <a href="#">State Medical Marijuana Laws</a></p>		<p>3. Azari S, Ratanawongsa N, Hettema J, Cangelosi C, Tierney M, Coffa D, Shapiro B, Jain S, Hersh D, Manuel J, Ciccarone D, Lum P. A Skills-Based Curriculum for Teaching Motivational Interviewing-Enhanced Screening, Brief Intervention, and Referral to Treatment (SBIRT) to Medical Residents. MedEdPORTAL Publications; 2015. <a href="https://www.mededportal.org/publication/10080">https://www.mededportal.org/publication/10080</a></p> <p>4. Clifton M. Teen Substance Abuse Problem Based Learning (PBL). MedEdPORTAL Publication; 2009. <a href="https://www.mededportal.org/publication/263">https://www.mededportal.org/publication/263</a></p> <p><b>PediCases.2013</b> <a href="http://pedicases.org/archives/index.html">http://pedicases.org/archives/index.html</a></p> <ul style="list-style-type: none"> <li>Adolescent Substance Abuse: The Crafty Pupil</li> </ul>	
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MODULE AND LEARNING OBJECTIVES	TEACHING MATERIALS			CLINICAL AND COMMUNITY SETTINGS
SUBSTANCE USE AND ABUSE	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Community resources:</b></p> <p>1. Describe the resources available in your community, which may include outpatient, intensive outpatient, partial hospitalization, or residential settings</p>	<p><b>Websites and Online Resources:</b></p> <p>1. SAMHSA Treatment Locator <a href="https://findtreatment.samhsa.gov/">https://findtreatment.samhsa.gov/</a></p>			<ul style="list-style-type: none"> <li>Social work</li> </ul>



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MODULE AND LEARNING OBJECTIVES	TEACHING MATERIALS			CLINICAL AND COMMUNITY SETTINGS
SAFETY AND VIOLENCE	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Injury Prevention:</b></p> <ol style="list-style-type: none"> <li>List the risk factors for, and identify the public health significance of unintended injury in adolescence</li> <li>Identify and counsel teen about injury prevention using effective prevention programs and resources</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>David-Ferdon C, Simon TR. Preventing Youth Violence: Opportunities for Action. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention, 2014. <a href="https://www.cdc.gov/violenceprevention/youthviolence/pdf/opportunities-for-action.pdf">https://www.cdc.gov/violenceprevention/youthviolence/pdf/opportunities-for-action.pdf</a></li> <li>Safe Storage of Firearms. American Academy of Pediatrics <a href="https://www.aap.org/en-us/advocacy-and-policy/state-advocacy/Documents/Safe_Storage.pdf">https://www.aap.org/en-us/advocacy-and-policy/state-advocacy/Documents/Safe_Storage.pdf</a></li> </ol>			<ul style="list-style-type: none"> <li>Adolescent Clinic</li> <li>Resident Continuity Clinic</li> <li>School-based Health Clinic</li> <li>Health educator</li> <li>Emergency department</li> </ul>
<p><b>Physical Violence and Prevention:</b></p> <ol style="list-style-type: none"> <li>Recognize the prevalence of and risk factors for physical violence in the community in which you practice</li> <li>Identify resources and programs targeted at violence prevention in your community</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Duke NN, Pettingell SL, McMorris BJ, Borowsky IW. Adolescent violence perpetration: associations with multiple types of adverse childhood experiences. Pediatrics. 2010 Apr;125(4):e778-86. doi: 10.1542/peds.2009-0597. Epub 2010 Mar 15.</li> </ol> <p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>CDC Violence Prevention, Youth Violence Resources: <a href="https://www.cdc.gov/violenceprevention/youthviolence/index.html">https://www.cdc.gov/violenceprevention/youthviolence/index.html</a></li> </ol>	<p>CDC Injury Prevention &amp; Control: Principles of Prevention <a href="https://vetoviolence.cdc.gov/apps/principles-of-prevention">https://vetoviolence.cdc.gov/apps/principles-of-prevention</a></p>	<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>Children's Hospital of Philadelphia Violence Prevention Initiative <a href="https://injury.research.chop.edu/violence-prevention-initiative/types-violence-involving-youth/gun-violence/gun-violence-facts-and#.Xfg19EZTnD4">https://injury.research.chop.edu/violence-prevention-initiative/types-violence-involving-youth/gun-violence/gun-violence-facts-and#.Xfg19EZTnD4</a></li> <li>Office of Juvenile Justice and Delinquency Prevention: Shared Framework for Reducing Youth Violence and Promoting Well Being <a href="https://ojjdp.ojp.gov/sites/g/files/xyckuh176/files/media/document/Shared-Framework-for-Youth-Violence-Prevention.pdf">https://ojjdp.ojp.gov/sites/g/files/xyckuh176/files/media/document/Shared-Framework-for-Youth-Violence-Prevention.pdf</a></li> </ol>	<ul style="list-style-type: none"> <li>Adolescent Clinic</li> <li>Resident Continuity Clinic</li> <li>School-based Health Clinic</li> <li>Health educator</li> <li>Emergency department</li> </ul>





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<b>SAFETY AND VIOLENCE – continued</b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	<b>Readings and Videos</b>	<b>Interactive Learning Opportunities</b>	<b>Materials to Develop Educational Sessions</b>	
<p><b>Intimate Partner Violence (IPV) and Sexual Assault:</b></p> <ol style="list-style-type: none"> <li>1. Describe risk factors for, and identify the public health significance of IPV</li> <li>2. List resources for teens who experience IPV and sexual assault in your community</li> <li>3. Review components of emergency care for a victim of sexual assault</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Cronholm PF, et al. Intimate partner violence. Am Fam Physician 2011;83(10):1165-72. <a href="https://www.aafp.org/afp/2011/0515/p1165.html">https://www.aafp.org/afp/2011/0515/p1165.html</a></li> <li>2. Crawford-Jakubiak JE, Alderman EM, Leventhal JM, AAP COMMITTEE ON CHILD ABUSE AND NEGLECT, AAP COMMITTEE ON ADOLESCENCE. Care of the Adolescent After an Acute Sexual Assault. Pediatrics. 2017;139(3):e20164243</li> <li>3. Miller E, McCaw B. Intimate Partner Violence. N Engl J Med. 2019 Feb 28;380(9):850-857.</li> </ol> <p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. Futures without violence: <ul style="list-style-type: none"> <li>• Protocol for Adolescent Relationship Abuse Prevention and Intervention <a href="https://www.futureswithoutviolence.org/userfiles/file/HealthCare/Adolescent%20Protocol.pdf">https://www.futureswithoutviolence.org/userfiles/file/HealthCare/Adolescent Protocol.pdf</a></li> <li>• Addressing Intimate Partner Violence, Reproductive and Sexual Coercion: A Guide for Obstetric, Gynecologic and Reproductive Health Care Settings <a href="https://www.futureswithoutviolence.org/userfiles/file/HealthCare/reproguidelines_low_res_FINAL.pdf">https://www.futureswithoutviolence.org/userfiles/file/HealthCare/reproguidelines_low_res_FINAL.pdf</a></li> </ul> </li> <li>2. Health Cares about IPV: Training kit available at <a href="http://ipvhealth.org/health-professionals/educate-providers/">http://ipvhealth.org/health-professionals/educate-providers/</a></li> <li>3. American Academy of Pediatrics. Preventing Sexual Violence: An Educational Toolkit for Health Care Professionals. (CD-ROM). <a href="https://shop.aap.org/preventing-sexual-violence-educational-toolkit-for-health-care-professionals-cd-rom">https://shop.aap.org/preventing-sexual-violence-educational-toolkit-for-health-care-professionals-cd-rom</a></li> </ol> <p><b>Podcasts:</b></p> <ol style="list-style-type: none"> <li>1. “Why do I stay?” part of the Radio Rookies series “Crushed: Teens and Dating Abuse.” <a href="http://www.wnyc.org/story/why-do-i-stay/">http://www.wnyc.org/story/why-do-i-stay/</a></li> <li>2. Terrible, Thanks for Asking- episode 87 Part 3.</li> </ol>		<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. Hanging Out or Hooking Up: Clinical Guidelines on Responding to Adolescent Relationship Abuse <a href="http://ipvhealth.org/wp-content/uploads/2017/02/FINAL-Adolescent-Health-Guidelines.pdf">http://ipvhealth.org/wp-content/uploads/2017/02/FINAL-Adolescent-Health-Guidelines.pdf</a></li> <li>2. Health Cares About IPV: IPV Screening and Counseling Tool Kit <a href="http://ipvhealth.org/health-professionals/educate-providers/">http://ipvhealth.org/health-professionals/educate-providers/</a></li> </ol>	<ul style="list-style-type: none"> <li>• Emergency Department</li> <li>• Adolescent Clinic</li> <li>• Resident Continuity Clinic</li> <li>• School-based Health Clinic</li> <li>• Health educator</li> <li>• Psychiatry Rotations</li> </ul>





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<b>SAFETY AND VIOLENCE – continued</b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	<b>Readings and Videos</b>	<b>Interactive Learning Opportunities</b>	<b>Materials to Develop Educational Sessions</b>	
<p><b>Juvenile Justice:</b></p> <ol style="list-style-type: none"> <li>1. Describe health needs of adolescents in the juvenile justice system including recommended screening guidelines</li> <li>2. Understand the impact of recidivism on long term health outcomes</li> <li>3. Understand police- related violence</li> <li>4. Understand how race is a modulator of violence</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Committee on Adolescence. Health care for youth in the juvenile justice system. Pediatrics 2011;128(6):1219-35.</li> <li>2. Barnert ES, Dudovitz R, Nelson BB, et al. How Does Incarcerating Young People Affect Their Adult Health Outcomes?. Pediatrics. 2017;139(2):e20162624 (have PDF)</li> <li>3. National Partnership for Juvenile Services. <a href="http://npjs.org/wp-content/uploads/2012/12/NJDA-Position-Statement-Health-Care.pdf">http://npjs.org/wp-content/uploads/2012/12/NJDA-Position-Statement-Health-Care.pdf</a></li> </ol> <p><b>Articles:</b></p> <ol style="list-style-type: none"> <li>1. Amanda Geller, PhD, Jeffrey Fagan, PhD, Tom Tyler, PhD, and Bruce G. Link, PhD. Aggressive Policing and the Mental Health of Young Urban Men. Am J Public Health. 2014;104:2321–2327. doi:10.2105/ AJP.2014.302046</li> <li>2. Maroney T and Zuckerman B. “The Talk,” Physician Version: Special Considerations for African American, Male Adolescents. Pediatrics. 2018;141(2):e20171462.</li> <li>3. Society for Adolescent Health and Medicine Position Paper. Racism and Its Harmful Effects on Nondominant Racial-Ethnic Youth and Youth-Serving Providers: A Call to Action for Organizational Change. (2018) <a href="https://www.jahonline.org/article/S1054-139X(18)30239-8/pdf">https://www.jahonline.org/article/S1054-139X(18)30239-8/pdf</a></li> </ol> <p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. National Partnership for Juvenile Services website <a href="http://www.npjs.org">www.npjs.org</a></li> <li>2. PBS Frontline- School to Prison Pipeline video with readings <a href="https://illinois.pbslearningmedia.org/resource/fi32-soc-psjuvexperts/prison-state-school-to-prison-pipeline/support-materials/">https://illinois.pbslearningmedia.org/resource/fi32-soc-psjuvexperts/prison-state-school-to-prison-pipeline/support-materials/</a></li> <li>3. ACLU School to Prison Pipeline Infographic 2019: <a href="https://www.aclu.org/issues/juvenile-justice/school-prison-pipeline/school-prison-pipeline-infographic">https://www.aclu.org/issues/juvenile-justice/school-prison-pipeline/school-prison-pipeline-infographic</a></li> </ol>			<ul style="list-style-type: none"> <li>• DYS facilities</li> <li>• Other youth detention facilities</li> </ul>



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<b>SAFETY AND VIOLENCE – continued</b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	<b>Readings and Videos</b>	<b>Interactive Learning Opportunities</b>	<b>Materials to Develop Educational Sessions</b>	
<p><b>Bullying and Cyberbullying:</b></p> <p>1. Develop skills for assessing risk, asking about, and addressing bullying online and in schools</p>	<p><b>Readings:</b></p> <p>1. Aboujaoude E, et al. Cyberbullying: Review of an Old Problem Gone Viral. J Adolesc Health 2015;57(1):10-8.</p> <p>2. Hertz, MF ed. The Relationship Between Youth Involvement in Bullying and Suicide. J Adolesc Health. 2013;53 (S1): S1-S54. <a href="http://www.jahonline.org/issue/S1054-139X(13)X0015-1">http://www.jahonline.org/issue/S1054-139X(13)X0015-1</a></p>		<p><b>Online Resources:</b></p> <p>1. Office of Adolescent Health - Adolescent Health Topics - Healthy Relationships. <a href="http://www.hhs.gov/ash/oah/adolescent-health-topics/healthy-relationships/">http://www.hhs.gov/ash/oah/adolescent-health-topics/healthy-relationships/</a></p> <p>2. AAP The Resilience Project: Bullying and Cyberbullying <a href="https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/Bullying-and-Cyberbullying.aspx">https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/Bullying-and-Cyberbullying.aspx</a></p> <p>3. <a href="http://stopbullying.gov">Stopbullying.gov</a></p> <p>4. CDC Injury Prevention &amp; Control #StopBullying <a href="https://www.cdc.gov/injury/features/stop-bullying/index.html">https://www.cdc.gov/injury/features/stop-bullying/index.html</a></p>	<ul style="list-style-type: none"> <li>• Adolescent clinic</li> <li>• Resident primary care clinic</li> <li>• SBHC</li> </ul>



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MODULE AND LEARNING OBJECTIVES	TEACHING MATERIALS			CLINICAL AND COMMUNITY SETTINGS
SPORTS MEDICINE	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Preparticipation Screen:</b></p> <ol style="list-style-type: none"> <li>1. Identify medical and family history components important in assessing an adolescent during a pre-participation screen</li> <li>2. Recognize the medical conditions that limit participation in certain sports activities</li> <li>3. Identify risk factors for abuse of performance enhancing drugs</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. Peterson AR, Bernhardt DT. The preparticipation sports evaluation. <i>Pediatr Rev</i> 2011;32(5):e53-65.</li> <li>2. Roberts WO1, Löllgen H, Matheson GO. Advancing the preparticipation physical evaluation: an ACSM and FIMS joint consensus statement. <i>Clin J Sport Med</i>. 2014 Nov;24(6):442-7.</li> <li>3. LaBotz M, Griesemer BA, Council On Sports Medicine and Fitness. Use of Performance-Enhancing Substances. <i>Pediatrics</i> 2016;138(1).</li> </ol> <p><b>Podcasts:</b></p> <ol style="list-style-type: none"> <li>1. Advancing the Preparticipation Evaluation: A Conversation with Dr. William Roberts (Podcast) from the Clinical Journal of Sports Medicine Podcast Series <a href="https://player.fm/series/clinical-journal-of-sport-medicine-the-clinical-journal-of-sport-medicine-podcast/advancing-the-preparticipation-evaluation-a-conversation-with-dr-william-roberts">https://player.fm/series/clinical-journal-of-sport-medicine-the-clinical-journal-of-sport-medicine-podcast/advancing-the-preparticipation-evaluation-a-conversation-with-dr-william-roberts</a></li> </ol>		<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>1. AAP Section on Sports Medicine and Fitness: Preparticipation Physical Evaluation Resources - PPE Monograph (2010) - also with links to forms <a href="https://services.aap.org/en/community/aap-councils/council-on-sports-medicine-and-fitness/preparticipation-physical-evaluation">https://services.aap.org/en/community/aap-councils/council-on-sports-medicine-and-fitness/preparticipation-physical-evaluation</a></li> </ol>	<ul style="list-style-type: none"> <li>• Outpatient (adolescent clinic, primary care clinic, subspecialty clinics, sports medicine clinics)</li> </ul>
<p><b>Common Injuries:</b></p> <ol style="list-style-type: none"> <li>1. Recognize and understand risk factors for common overuse injuries in adolescents such as patellofemoral pain syndrome, shoulder instability, tibial stress fracture, spondylolysis.</li> <li>2. Recognize and diagnose common traumatic sports injuries in adolescents such as ACL tear, ankle sprain, patellar dislocation.</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>1. DiFiori JP. Evaluation of overuse injuries in children and adolescents. <i>Curr Sports Med Rep</i> 2010;9(6):372-8.</li> <li>2. Valovich McLeod TC, Decoster LC, Loud KJ, Micheli LJ, Parker JT, Sandrey MA, et al. National Athletic Trainers' Association position statement: prevention of pediatric overuse injuries. <i>J Athl Train</i> 2011;46(2):206-20.</li> <li>3. Brown T, Moran M. Pediatric Sports-Related Injuries. <i>Clin Pediatr (Phila)</i>. 2019 Feb;58(2):199-212. doi: 10.1177/0009922818810879. Epub 2018 Nov 27.</li> <li>4. Cleary S, Chi V, Feinstein R. Female* athletes: managing risk and maximizing benefit. <i>Curr Opin Pediatr</i>. 2018 Dec;30(6):874-882. doi: 10.1097/MOP.0000000000000700.</li> </ol> <p><b>Podcasts:</b></p> <ol style="list-style-type: none"> <li>1. Overuse Injuries &amp; Burnout in Youth Sports with Dr. John DiFiori (lead author), Dr. Joel S. Brenner and Dr. Neeru Jayanthi. Available at: <a href="http://www.amssm.org/E-Learning.php">http://www.amssm.org/E-Learning.php</a></li> </ol>	<p>Interactive online cases available from the American Medical Society for Sports Medicine <a href="http://www.amssm.org/Case-Studies.php">http://www.amssm.org/Case-Studies.php</a></p> <ol style="list-style-type: none"> <li>1. 32 Yo Woman With Excruciating Left Lower Extremity Pain <a href="https://www.amssm.org/32_yo_woman_with_excruciat-csa-203.html?StartPos=20&amp;Part=">https://www.amssm.org/32_yo_woman_with_excruciat-csa-203.html?StartPos=20&amp;Part=</a></li> <li>2. Knee Pain After A Slide Tackle In Football <a href="https://www.amssm.org/knee_pain_after_a_slide_ta-csa-119.html?StartPos=30&amp;Part=">https://www.amssm.org/knee_pain_after_a_slide_ta-csa-119.html?StartPos=30&amp;Part=</a></li> </ol>	<p><b>Online Resources:</b></p> <p>American College of Emergency Physicians - Sports Medicine</p> <ol style="list-style-type: none"> <li>1. Musculoskeletal Exam Series: Video Tutorials <a href="https://www.acep.org/how-we-serve/sections/sports-medicine/musculoskeletal-exam-series/">https://www.acep.org/how-we-serve/sections/sports-medicine/musculoskeletal-exam-series/</a></li> </ol>	<ul style="list-style-type: none"> <li>• Adolescent Clinic/Rotation</li> <li>• Resident Continuity Clinic</li> <li>• Sports Medicine Clinic (during adolescent rotation or separate rotation/experience)</li> <li>• Emergency department</li> <li>• Acute/urgent care settings</li> </ul>



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	<b>Websites and Online Resources:</b>			
	1. Overuse injuries in Children. American Assoc of Orthopedic Surgeons. <a href="http://orthoinfo.aaos.org/topic.cfm?topic=A00613">http://orthoinfo.aaos.org/topic.cfm?topic=A00613</a>			

<b>SPORTS MEDICINE – continued</b>	<b>TEACHING MATERIALS</b>			<b>CLINICAL AND COMMUNITY SETTINGS</b>
	<b>Readings and Videos</b>	<b>Interactive Learning Opportunities</b>	<b>Materials to Develop Educational Sessions</b>	
<p><b><u>Female Athlete Triad and Relative Energy Deficiency:</u></b></p> <ol style="list-style-type: none"> <li>Identify components of the female athlete triad and the possible long-term health consequences associated with it</li> <li>Recognize that excessive exercise may result in relative energy deficiency in athletes and others focused on exercise for weight management</li> <li>Recognize athletes who are at risk for developing female athlete triad</li> <li>Describe possible treatment approaches to adolescents diagnosed with female athlete triad.</li> </ol> <p><small>*Note that what is traditionally called "Female Athlete Triad" may also apply to youth of all genders</small></p>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Joy E, De Souza MJ, Nattiv A, Misra M, Williams NI, Mallinson RJ, et al. 2014 female athlete triad coalition consensus statement on treatment and return to play of the female athlete triad. Curr Sports Med Rep 2014;13(4):219-32.</li> <li>Mountjoy M, Sundgott-Borgen J, Burke L, et al. The IOC consensus statement: beyond the Female Athletic Triad—Relative Energy Deficiency in Sport (RED-S). Br J Sports Med 2014, 48:491-497.</li> <li>Weiss Kelly AK, Hecht S, Council on Sports Medicine and Fitness. The Female Athlete Triad. Pediatrics 2016;138(2).</li> </ol> <p><b>Podcasts and Videos:</b></p> <ol style="list-style-type: none"> <li>A Deeper Dive into the Female Athlete Triad with American Medical Society of Sports Medicine (AMSSM) members Drs. Elizabeth Joy and Aurelia Nattiv. Available from the American Medical Society for Sports Medicine E-learning Portal <a href="http://www.amssm.org/E-Learning.php">http://www.amssm.org/E-Learning.php</a></li> <li>Dr. Gloria Cohen presents The Female Athlete Triad at the ONSF Medical Education Conference for medical professionals held at Greenwich Hospital on November 8, 2014 <a href="https://www.youtube.com/watch?v=jbyLcZ0nZXg">https://www.youtube.com/watch?v=jbyLcZ0nZXg</a></li> </ol>	<p>American Medical Society for Sports Medicine - interactive online cases <a href="http://www.amssm.org/Case-Studies.php">http://www.amssm.org/Case-Studies.php</a></p> <ul style="list-style-type: none"> <li>Hip Pain in a College Runner <a href="https://www.amssm.org/hip_pain_in_a_collegiate_c-csa-356.html?StartPos=0&amp;Part">https://www.amssm.org/hip_pain_in_a_collegiate_c-csa-356.html?StartPos=0&amp;Part</a></li> <li>Devastating Fracture In An Adolescent Runner: Nature Vs. Nurture? <a href="https://www.amssm.org/devastating-fracture-in-a-csa-77.html">https://www.amssm.org/devastating-fracture-in-a-csa-77.html</a></li> </ul> <p>Sports Medicine in the Pediatric Office, 2nd Edition: American Academy of Pediatrics. Jordan D. Metzl MD, FAAP. Available from AAP for purchase (\$) and includes a skills-focused 2-hour DVD. <a href="https://shop.aap.org/sports-medicine-in-the-pediatric-office-2nd-edition-paperback/">https://shop.aap.org/sports-medicine-in-the-pediatric-office-2nd-edition-paperback/</a></p>	<p><b>Online Resources:</b></p> <ol style="list-style-type: none"> <li>Female Athlete Triad Coalition. <a href="https://www.femaleandmaleathletetriad.org/professionals/">https://www.femaleandmaleathletetriad.org/professionals/</a></li> </ol>	<ul style="list-style-type: none"> <li>Adolescent Clinic/Rotation</li> <li>Eating disorder treatment center</li> <li>Pediatric/</li> <li>Adolescent gynecology</li> <li>Sports medicine</li> </ul>



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TRANSITION TO ADULT CARE	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Well Teens:</b></p> <ol style="list-style-type: none"> <li>Describe the timing and progression of transition preparation during adolescence</li> <li>Identify at least one tool for assessing youth readiness for transition</li> <li>Delineate the key components of transition preparation and implementation</li> <li>Describe the objectives and measurable outcomes of transitional care</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>AAP, AAFP, and ACP, Transitions Clinical Report. Supporting the health care transition from adolescence to adulthood in the medical home. Pediatrics 2011;128(1):182-200. <a href="http://pediatrics.aappublications.org/content/early/2011/06/23/peds.2011-0969.full.pdf">http://pediatrics.aappublications.org/content/early/2011/06/23/peds.2011-0969.full.pdf</a></li> <li>Bonnie R. Investing in the Health and Well-being of Young Adults. In: Institute of Medicine and National Research Council. National Academies Press.; 2015.</li> <li>John D. Mahan, Cecily L. Betz, Megumi J. Okumura and Maria E. Ferris. Self-management and Transition to Adult Health Care in Adolescents and Young Adults: A Team Process. Pediatr Rev. 2017 Jul;38(7):305-319. doi: 10.1542/pir.2016-0074. <a href="https://pedsinreview.aappublications.org/content/38/7/305">https://pedsinreview.aappublications.org/content/38/7/305</a></li> </ol> <p><b>Websites and Online Resources:</b></p> <ol style="list-style-type: none"> <li>Becoming an Adult: Taking Responsibility for Your Medical Care <a href="https://www.youtube.com/watch?v=cjXurYrFMZM">https://www.youtube.com/watch?v=cjXurYrFMZM</a></li> <li>Starting A Transition Improvement Process Using the Six Core Elements of HCT <a href="https://www.youtube.com/watch?v=oLaAEiYKRNw&amp;feature=youtu.be">https://www.youtube.com/watch?v=oLaAEiYKRNw&amp;feature=youtu.be</a> <ol style="list-style-type: none"> <li>Transition Preparation <a href="https://www.youtube.com/watch?v=77wyOnXHi6g&amp;feature=youtu.be">https://www.youtube.com/watch?v=77wyOnXHi6g&amp;feature=youtu.be</a></li> <li>Transfer to Adult Care <a href="https://www.youtube.com/watch?v=OsJQSEfOLZQ&amp;feature=youtu.be">https://www.youtube.com/watch?v=OsJQSEfOLZQ&amp;feature=youtu.be</a></li> <li>Integration into Adult Care <a href="https://www.youtube.com/watch?v=elqIZmpmhjw&amp;feature=youtu.be">https://www.youtube.com/watch?v=elqIZmpmhjw&amp;feature=youtu.be</a></li> <li>Youth, Young Adult &amp; Parent Engagement <a href="https://www.youtube.com/watch?v=Gqp7s5ziiYQ&amp;feature=youtu.be">https://www.youtube.com/watch?v=Gqp7s5ziiYQ&amp;feature=youtu.be</a></li> </ol> </li> <li>Florida HATS Health Care Transition Curricula <a href="https://www.floridahats.org/">https://www.floridahats.org/</a></li> <li>American College of Physicians Pediatric to Adult Care Transitions Initiative <a href="https://www.acponline.org/clinical-information/high-value-care/resources-for-clinicians/pediatric-to-adult-care-transitions-initiative">https://www.acponline.org/clinical-information/high-value-care/resources-for-clinicians/pediatric-to-adult-care-transitions-initiative</a></li> <li>AAP Transition ECHO <a href="https://www.aap.org/en-us/professional-resources/practice-transformation/echo/Pages/Transition.aspx">https://www.aap.org/en-us/professional-resources/practice-transformation/echo/Pages/Transition.aspx</a></li> </ol>		<p><b>MedEd Portal:</b></p> <ol style="list-style-type: none"> <li>Gooding H, et al. Transitioning Bryan: The Transition to Adulthood and the Medical Home. MedEdPORTAL Publication; 2015. <a href="https://www.mededportal.org/publication/10226/">https://www.mededportal.org/publication/10226/</a></li> <li>Alice A. Kuo, Mary R. Ciccarelli, Niraj Sharma and Debra S. Lotstein. A Health Care Transition Curriculum for Primary Care Residents: Identifying Goals and Objectives. Pediatrics. 2018 Apr;141(Suppl 4):S346-S354. doi: 10.1542/peds.2016-4300L. <a href="https://pediatrics.aappublications.org/content/141/Supplement4/S346.long">https://pediatrics.aappublications.org/content/141/Supplement4/S346.long</a></li> <li>FloridaHATS "Education &amp; Training for Health Care Professionals" <a href="https://www.floridahats.org/education-training-for-health-care-professionals/">https://www.floridahats.org/education-training-for-health-care-professionals/</a></li> </ol>	<ul style="list-style-type: none"> <li>Resident primary care clinic</li> <li>Adolescent clinic</li> <li>Inpatient settings</li> </ul>





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MODULE AND LEARNING OBJECTIVES	TEACHING MATERIALS			CLINICAL AND COMMUNITY SETTINGS
TRANSITION TO ADULT CARE	Readings and Videos	Interactive Learning Opportunities	Materials to Develop Educational Sessions	
<p><b>Chronic Illness:</b></p> <ol style="list-style-type: none"> <li>Describe the impact of chronic illness on physical, emotional, sexual, social, and cognitive development, and the reciprocal impact of normal adolescent development on chronic illness</li> <li>Explain how chronic disease and intellectual impairment uniquely impact the process of transition preparation and challenges they pose for transfer of care</li> <li>List the consequences in young adulthood of ineffective, delayed, or unsuccessful transition</li> </ol>	<p><b>Readings:</b></p> <ol style="list-style-type: none"> <li>Lydie A. Lebrun-Harris, Margaret A. McManus, Samhita M. Ilango, Mallory Cyr, Sarah Beth McLellan, Marie Y. Mann and Patience H. White. Transition Planning Among US Youth With and Without Special Health Care Needs. <i>Pediatrics</i>. 2018 Oct;142(4). pii: e20180194. <a href="https://pediatrics.aappublications.org/content/142/4/e20180194.long">https://pediatrics.aappublications.org/content/142/4/e20180194.long</a></li> <li>Okumura MJ, Hersh AO, Hilton JF, Lotstein DS. Change in health status and access to care in young adults with special health care needs: results from the 2007 national survey of adult transition and health. <i>Journal of Adolescent Health</i>. 2013;52(4):413-418.</li> </ol> <p><b>Websites and Online Videos:</b></p> <ol style="list-style-type: none"> <li>Trapeze: A supported leap into adult health. Resources for paediatric teams <a href="http://www.trapeze.org.au/content/paediatric-teams">http://www.trapeze.org.au/content/paediatric-teams</a></li> </ol>		<p><b>Online Resources:</b></p> <p>Got Transition Resources: <a href="https://www.gottransition.org/resources/index.cfm">https://www.gottransition.org/resources/index.cfm</a></p> <ul style="list-style-type: none"> <li>Got Transition Six Core Elements Toolkit - Transitioning youth to adult health care providers: <a href="http://www.gottransition.org/resourceGet.cfm?id=208">http://www.gottransition.org/resourceGet.cfm?id=208</a></li> <li>Transitioning to an adult approach to care without changing providers: <a href="http://www.gottransition.org/resourceGet.cfm?id=210">http://www.gottransition.org/resourceGet.cfm?id=210</a></li> <li>Integrating young adults into adult health care: <a href="http://www.gottransition.org/resourceGet.cfm?id=212">http://www.gottransition.org/resourceGet.cfm?id=212</a></li> </ul>	<ul style="list-style-type: none"> <li>Resident primary care clinic</li> <li>Adolescent clinic</li> <li>Inpatient settings</li> <li>Subspecialty clinics</li> <li>Adult care settings (Internal or Family medicine clinic)</li> </ul>

